

# INFORM

The Official Magazine of U3A (UWA) Inc.  
Issue 119, August - October 2015

Patron: Emeritus Professor Alan Robson AO, CitWA

## U3A (UWA) CITY LECTURE SERIES

U3A (UWA) and Murdoch University have joined together to deliver a special U3A (UWA) City Lecture entitled "**Food Security in our Region**" to be held on Sunday 2<sup>nd</sup> August 2015 in the State Library Theatre commencing at 2pm.

Members of the Second Murdoch Commission entitled "*Food Security, Trade and Partnerships: Western Australia in Regional Food Systems*", will join local experts for an interactive panel discussion into food security and food access issues, particularly in the developing countries and the disparities between nations in the Asian regions and more broadly.

Commission Co-Chair, Professor John Edwards will share highlights and findings from the Commission's research missions in India, China, Vietnam, Indonesia and Australia, with the panel exploring a range of issues including food access, developmental disparities, food waste and opportunities for Western Australia to help to address food security issues in the region.

Professor Edwards is an Emeritus Professor at Murdoch University, a former member of the University Senate and former Dean of the School of Veterinary and Biomedical Sciences at Murdoch University (2004-2009). He is currently working in China for the United Nations Food and Agriculture Organisation as its Coordinator for the Emergency Centre for Transboundary Animal Diseases (ECTAD) in



China. He is a member of the Executive Committee of the WA Branch of the Australia China Business Council (ACBC) and former Chair of its Education Committee. He is also a member of AustCham in Beijing.

Professor Edwards is well known in China and international circles and has considerable experience in training, research and consulting in the fields of animal health, public health, epidemiology, biosecurity and food safety and has been active in most Asian countries.

Advance notice is given that another talk in the U3A (UWA) City Lecture Series will be held on Sunday 8<sup>th</sup> November 2015 at the above venue, when a member of the Chinese Consul General will speak on "**The Silk Road Economic Belt and the 21<sup>st</sup> Century Maritime Silk Road**".



Contacts in your local U3A (UWA) Region:

Central	9383 2037
Joondalup	9305 3370
Lesmurdie Hills	9453 1436
Mid-North	9276 9670
North Coast (Hamersley)	9409 1412
Rockingham & Districts	9593 9852
South East Metro	9350 5992
South West Metro	0450198413
Swan Hills	9274 3224
Wanneroo	9206 3440

See page 6 for City Courses and pages 7 to 11 for information on Regional Meetings/Groups.



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## DELIVERY OF YOUR *INFORM* MAGAZINE

Ever increasing printing and postage costs continue to make the *Inform* magazine a very expensive item in the U3A (UWA) Council expenditure. Some 80% of our members are on the Internet but only about 14% elected to have their copy delivered by e-mail when last requested. Please give further consideration to having your copy delivered by this method and advise the Office accordingly. You get all the coloured pages by e-mail as opposed to having colour only the outside cover when delivered by postal mail. The Council agreed at its last meeting that this will be the future preferred method of delivery.

## U3A (UWA) 2015 ANNUAL GENERAL MEETING

Did we have a quorum at the meeting this year? Yes we did! Not only did we have a quorum but close to 170 people attended the 2015 Annual General Meeting at the State Library on Sunday 12 April. The virtue of having a prominent Guest Speaker was extolled when we were fortunate to have Emeritus Professor David Black, AM come along and speak to us on the topic "*People, Politics and Power – A Personal Perspective*". The main thrust of Professor Black's talk was the relationship between Politics and Ageing.

Some 150 years ago we had very few old people in the community, but this has vastly changed, such that today we have a very large population in the "older" age bracket. More and more people are in need of Welfare while the gulf between Federal Government Revenue and Expenditure continues to widen. There are not only insufficient PAYG tax payers in society, but there are some individuals and large companies not paying their fair share of taxes. This is also exacerbated by the slow-down in birth rate which is less than acceptable.

For certain periods in our history, immigration has led to increased employment in our society which has, in turn, has helped the revenue side of the equation. Governments will need to produce legislation on how to balance this revenue and expenditure, and older people in society will continue to have a large say in how they react to such legislation.

Older people fall into four categories, those on a full Age Pension, those on a part Age Pension, those on a Commonwealth Seniors Health Card, and those requiring no financial assistance. Most of our U3A (UWA) members fall into one of these four categories and will be amongst a significant percentage of the community to be affected by Government decisions. Professor Black's underlying philosophy was that while we have strength in numbers, there is this spread of financial interests amongst us.

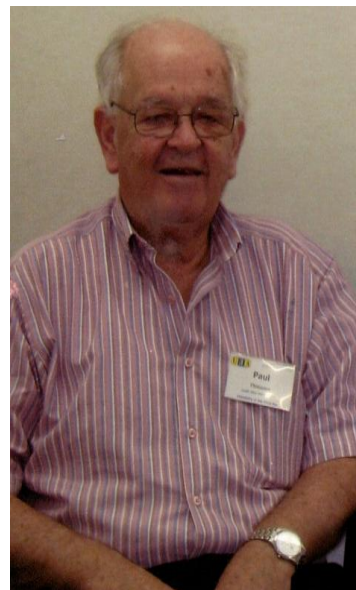
Prior to David Black's address, Deputy Vice Chancellor Kent Anderson from the Community Engagement Department at UWA, gave us a very positive assurance that the relationship between U3A (UWA) and The University of Western Australia would continue to prosper. We have been given a three year term at the Claremont campus but we hope that will be extended well into the future. Our concerns were very much allayed.

President Peter Alcock presented Certificates of Appreciation to **Elizabeth Emsley**, **John Leach** and **Alan Parker** for their outstanding contributions to U3A (UWA) over many years.

## VALE PAUL THIESSEN

On Friday 8 May 2015, Paul Thiessen was driving to Busselton to represent U3A (UWA) at a meeting of the South West Regions of U3A when he was killed in a roadside accident. There would be few among the more active members of U3A (UWA) who had not experienced Paul's enthusiasm for the work of U3A and his support for its members. However, as the celebrant at Paul's funeral commented, "Paul had a many-faceted life, and many who knew him were aware of only one or two of those facets".

Those who worked close to him soon learned that one fount of his energy was the sea. If you followed his obituaries in *The West Australian*, you would have noticed a warmly worded farewell from former colleagues in the Swire Pacific shipping company, and it was one of these former colleagues of nearly thirty years ago who delivered the eulogy that traced his seafaring life. The Bible notes that "Those who go down to the sea in ships and do business on the great waters know well the works of the Lord". Paul certainly knew well the works of men, and of ports from Hong Kong to Tokyo, and from Singapore to Jakarta to Darwin, as he worked his way up from third engineer, to managing the loading of cargoes, and then to the assessing and delivering of ships from the Middle East, from Tokyo or from the Americas. He clearly found many good friends along the way, not to mention his partner of nearly forty years, Connie, whom he inherited as his Secretary when he returned from Borneo in 1976 to become company manager in Singapore.



The obituaries in *The West Australian* also revealed his support for communities, his Lodge, his local RSL where last Anzac Day he got behind the sausage sizzle and, of course, his U3A. Some of us will also recall how he would arrive at a South West Metro Region Committee meeting or a History session after a night spent putting his marine engineering skills to work as a Relief Officer in the "engine room" of Sir Charles Gardiner Hospital.

As his eulogist observed, "Wherever there was a need, Paul could turn his hand to anything without blinking an eye". It was his urge to bring people together that propelled him on his final journey towards Busselton, in order to strengthen the bonds between U3A (UWA) and the U3A Groups in the South West of our State.

**Farewell Paul. We trust that you have found your home and in the words of poet Gerard Manley Hopkins:**

**"And I have asked to be  
Where no storms come,  
Where the green swell is in the havens dumb,  
And out of the swing of the sea."**

**Norm Ryder.**

## PRESIDENT'S REPORT

The Seminar this year was never going to be the same without Paul Thiessen. However the team from South West Region, ably led by Phyl Abbott, stepped in and took over from what Paul had already done. Thank you all for making it such a success. Norm Ryder has included an eloquent tribute to Paul in this edition and I fully endorse those sentiments. The annual Seminar, apart from showcasing and promoting our organisation, is also an opportunity to meet with our colleagues from other U3A's who make the trip to Perth for the event, and to conduct the Annual General meeting of the West Australian Network of U3A's.

You may recall that at the April U3A (UWA) AGM, Professor Kent Anderson spoke about elevating the relationship between U3A (UWA) and The University of WA. Our links with UWA go back to 1986 when U3A was introduced to Western Australia through UWA Extension. Our ongoing association is now through a relatively new department called Community Engagement, and U3A (UWA) is now a community partner with the University. Our use of the rooms at the Claremont Campus is confirmed for the next 3 years and, although the location could change in the future, the relationship is ongoing.

I have sometimes heard it said that as an organisation we should distance ourselves from UWA and remove the link altogether. However I strongly disagree and believe the relationship is not only beneficial for both parties, but part of who we are and where our origins lie. To that end, besides urging all members to back the relationship, I have invited Professor Anderson to address the AGM again next year and to maintain formal contact at least on an annual basis.

The consensus for celebrating our 30th anniversary next year seems to be for a garden party and so now the focus will be on planning such an event in the grounds of UWA. A small Sub-Committee has been set up and is keen to have more input and ideas from members to make the event memorable, and above all, have lots of fun. You have my email address and I welcome your input.

Once again I thank the wonderful group of dedicated office volunteers who continue to cheerfully handle the demands of an unpredictable office environment.

**Peter Alcock.**

## VALE KEN CARNEY

North Coast (Hamersley) Region members were deeply saddened to recently lose their popular and hard-working colleague, Ken Carney.



Ken, aged 91, was fit and active beyond his years and was North Coast's Assistant Treasurer (as well as Secretary of his local Probus club) at the time of his death. Ken, a RAAF World War II veteran, died following a car accident. Dozens of

North Coasters attended Ken's funeral service, where Jim Barns and U3A (UWA) President Peter Alcock both paid tribute to their U3A friend.

Ken was born in Wonthaggi, Victoria, and moved to Perth in 1982 as shipping manager for a large mining company. He worked until the age of 74 and decided to retire in the West. His daughter Mrs Gail Reid, who is a member of U3A Victoria, recently visited North Coast and said how much U3A meant to her father whose wife, Rita passed away on Christmas Eve 1995.

Said U3A North Coast chairman Pauline Yarwood: "Ken was one of our rare golden treasures. He was always the first to volunteer no matter what the challenge, whether fetching and carrying or taking on yet another demanding Committee role. He had the strength and energy of a 60-year-old and always said being a volunteer kept him youthful and fit."

Ken had an ongoing love affair with Ireland. Renowned for his cheeky Irish jokes, he spent each northern summer hiking in the Irish countryside, and this year was to have been no exception. In researching his Irish ancestry, Ken was delighted to stumble on an Irish town called Carney.

His descendants are scattered around the country from Queensland to Tasmania and include six adult great grandchildren.

## SWAN HILLS REGION VISIT TO GARDEN ISLAND NAVAL BASE

Friday 10 April was a grey and potentially blustery morning when more than twenty Swan Hills members travelled by bus to the Garden Island Naval Base. For those who had not travelled that route for a while, the massive road works around the new Tonkin and Roe Highway interchange was impressive. As we made our way south, the number of new homes and shopping centres in new suburbs was testimony to WA's rapid population rise.

We stopped at the entrance to the Base to pick up our guide, Rockingham U3A member John McDonald, and security escort Ian Strike who checked our identities as the bus made its way along the causeway and over the bridge into the Base. As we progressed past Mangles Bay we learned that the island is home to over 150 species of birds. The Tamar Wallaby is the only mammal on the island. We were pleased that while the weather was gloomy, there were no high winds as the 4km causeway can be a treacherous drive in terms of not only the wind but also waves which can crash over the barriers and vehicles.

The island is home to the new Wave Energy Project which produces enough energy to power the base, including water purification. Success here will enable other developments on a bigger scale.

The island is still two thirds undeveloped which we appreciated as we drove through pristine bush including Rottne Island Pines and Ti-trees to the Base itself.

John took us to the submarine escape tower which is the only one in the southern hemisphere and gives potential submariners experience in escape from underwater. The tower holds a water column 35 metres tall. Divers are on hand to assist trainees and passing this stage of training is compulsory.

John explained the activities taking place in the many "red brick with varying shades of grey" buildings, one dedicated to simulation for Anzac Frigates, a technology centre, Navy clearance divers, submarine training, a computerised firing range and the fire station with equipment for fighting bush and ship fires.



We visited the small but comprehensive Museum before being taken to the wharfs where HMAS Sirius, HMAS Newcastle and a number of other warships were berthed, including a Collins Class Submarine.

It was then a drive-by of the armaments depot and torpedo maintenance facility, followed by a walk to see one of the original wells dug on the island and the site where Governor Stirling built his home and garden. All buildings in this area were lost to a fire and there is no trace of them. There is a nearby Memorial in recognition of this experience.

John is an excellent guide and he gave us a most interesting morning having had a career in the Navy. As we left the Base he concluded with an explanation of the World War II exploits of the Krait, the successful Jaywick attack on Japanese shipping in Singapore Harbour, followed by the disastrous failure of Exercise Rimau, trying a second attack. We heard the story with sadness as we looked at the Rimau memorial where those brave servicemen who all lost their lives are remembered.

We enjoyed lunch with John and other Rockingham U3A members before making our way home after an excellent day. We are very grateful to John for making it so interesting.

**Sally Harding.**

### HARD DIGGING

#### **(A true story from a country police station in Hampshire, U.K. in the early 1960's)**

Tom was digging ground not dug before  
And he was pleased, good soil and worms galore!  
CLUNK! his spade hit something solid, CLUNK! as he had  
another shot  
It was definitely solid but it certainly wasn't rock.

He pick-axed beside the object levering it all around,  
It was a metal canister and it stubbornly held its ground  
Now well scratched and dented it was frustrating Tom,  
But his efforts were rewarded, he'd found a very rusty  
bomb.

Tom's actions from this moment are not particularly  
courageous  
Because, as he explained, "It looked too old to be  
dangerous,  
I thought you cops should have it, I didn't know what to do  
And after the battering it had I thought it safe to bring to  
you".

He'd put it in a sack, roped it on his bike, then ridden  
through the town,  
Straight across the cobbled square with the bomb vibrating  
up and down,  
Bumping up the kerb outside the nick then carrying it in its  
sack  
He tipped it out on the counter saying "Well, what do you  
think of that?!"

The reply is not recorded, it's best left to our imagination,  
Such a crazy thing to do but what's the point of  
condemnation?  
Bomb Disposal came and did their thing, they put it in a  
hole and thoroughly filled it in.  
We got a call much later. They said "that device was well  
corroded -  
Tell Tom rocks flew three stories high when his "harmless  
bomb" exploded!

**Tony Harding, Swan Hills Region.**

### U3A (UWA) CHORALE

There have been some major changes within the group during year 2015. Our much respected and enthusiastic leader, Brian Dawson, retired due to ill health. Brian's support and enthusiasm over three years has been a major factor in the progress members made under his direction, and all members will miss him greatly. An appropriate farewell function was held for Brian at the Duxton Hotel on the morning of 30 May 2015. The air was filled with much laughter as members reminisced with Brian over the past three years. Chorale members extend to Brian all the best and hope he enjoys whatever other activities he chooses to pursue.

We are very fortunate to have Viviane Knight as our new Music Director. Viviane's resume demonstrates her professional achievements, her broad experiences with Chorale's in Europe and her position as a leader in the field in Australia. Viviane trained in Belgium and graduated from the Belgium Conservatorium. She is a qualified voice teacher and conductor, and is well known in the choral community. She founded and directed a Chorale for 22 years and travelled with them to Ireland, France, Argentina, Uruguay and Brazil. In 2014 the time was right for Viviane to close the Chorale and, in her words, "there is a time and a season for everything". Between 1999 and 2007 Viviane was the Treasurer/Administrator of a Choral Association and is now the President of the Choral Association of Australia. For many years, and until she retired from the European circuit, Viviane was in demand to judge choral competitions in Europe, a role that she retired from in 2014. She is listed in the "Stanford Who's Who".

In addition to Viviane leading the Chorale, we have the expertise of Jennifer Clee as our professional pianist who we warmly welcome. We also express our thanks to our first pianist Simone, who has taken on other piano positions in and around Perth.

Viviane has taken the next step in our development, introducing members to learning skills in relation to understanding music's patterns, and her high level of skill in developing and leading choirs will surely result in the U3A choristers achieving positive results. U3A members hesitant about their voice and musical ability would be wise to join in this new direction, and experience the professional level of teaching available under the direction of Music Director Viviane Knight.

The U3A Chorale has moved to a new, convenient venue for Second Semester. It will now meet in the Guild Room, Wesley Church at the corner of William and Hay Streets, Perth on Tuesday 11 August 2015 at 10.00am. The entry is from 97 William Street.

**Joan Allnutt.**

### SWAN HILLS REPORT

We have continued a series of very interesting talks using a mix of our own speakers and presentations from outside organisations. U3A member Robyn Talbot gave us a wonderful talk she called "The Rhythm of Life" in which she used recorded music from her formative years to illustrate how her tastes in music were developed, from "I love Aeroplane Jelly", the Beatles "Love Me Do" and the Honeycombs "Have I the Right" to her present love of classical music. She talked too of colours and their effect on the emotions.

Swan Hills is running a series of informative talks by members about the towns on the Great Southern Railway. York, Beverley and Brookton have been covered to date and the series will continue south with a history of the major towns en route to its terminus in Albany.

Two talks by David Brown have given members a great impression of the tram era in Perth, its evolution and final demise. Members will visit Whiteman Park later in the year to ride the tram.

Annette Raison from the Asthma Foundation delivered an absorbing session entitled "Live Well with Asthma" on this alarmingly common condition. We were advised that Asthma attacks are these days described as Flare Ups and sufferers can minimise these with good control and correct use of medications and puffers.

Patrick Cornish presented an amusing and interesting talk which he called "50 Shades of Truth" about his background as a journalist and obituary writer and the conflict sometimes experienced between telling the truth and causing distress to individuals in the process.

The Canning Stock Route has a fascinating genesis and Gabor Bedo gave an intriguing insight into the need for the route and its development, supported by a series of photographs.

It is the 800<sup>th</sup> anniversary of the Magna Carta and our very own member, Gillian Ashton presented detailed research into its original creation and subsequent events, and linked it well with our current democratic political system.

We are now half way through the year and are looking forward to our self-catered Christmas in July lunch. Volunteer members prepare the elements of the meal and attendees pay to cover costs. Turkey and plum pudding sounds good!

### SCIENCE CORNER – COMMUNICATION IN PLANTS AND ANIMALS

by Jeffrey Burke, South East Metro Region

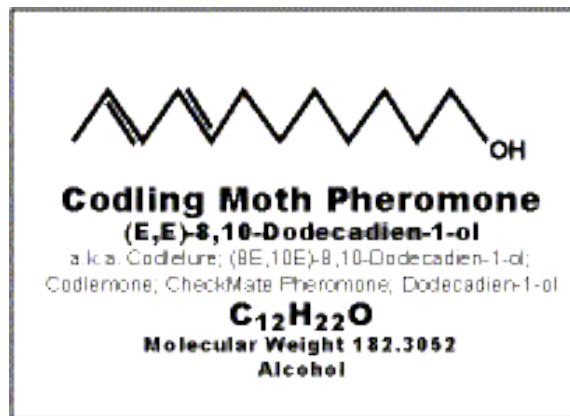
Animals approach each other principally by taste and smell. Humans do so principally by sight and sound, though there is some residual evidence for the "animal way". Evolution has developed brains, bipedalism and dexterity in humans to create and manipulate a vast range of objects, oblivious to about 99% of the world's species way of functioning.

The term "Pheromone" is not widely used in everyday parlance. Yet these pheromones, or organic chemicals, are central in plant and animal communication. Pheromones are defined as chemical substances produced and released by individuals into the environment thus affecting the physiology or behavior of others of its own species. In honey bees, for example, the pheromones present are a mixture of chemical substances released by the host honey bee in the hive, and they mediate behaviour such as brood recognition, drones, footprint and alarm.

Eminent entomologist, naturalist and creative thinker Edward Osborne Wilson in his book "*The Meaning of Human Existence*", writes that we humans are chemosensory idiots and animals and plants are close to genius. Science has found that some 99% of animals, plants, insects, fungi and microbes rely almost exclusively on these chemicals to communicate with others in their species.

Pheromones are volatile compounds which, on excretion, are carried by air vapour to be detected by the same species using olfactory receptors usually in sensilla hairs on their antenna.

The following is the active pheromone found in the codling moth which consists of a zig-zag pattern of 12 carbon atoms with a terminal hydroxyl (-OH) group:



Since the 1970's this area of chemical communication has been called "Semiochemical" or "Signal Communication".

Following Wilson's advice, "we cannot talk in the language of pheromones but it would be well to learn how to do it, for the better protection of species and major parts of the environment on which we depend".

### CONGRATULATIONS TO PETER GREEN

Peter Green, a member of the Rockingham & Districts Region was awarded an "OAM in the General Division" in the Queen's Birthday Honours announced on 8 June 2016. Peter's award is for "Service to Conservation and the Environment and to Local Government". Peter is well known for his past work in the Shark Bay, Exmouth and Ningaloo Marine Parks since year 2003. He has also played a major role in the Gascoyne Coast Regional Planning Strategy. He currently is working extremely hard to save natural bushland in the Point Peron region at Rockingham, where commercial development threatens to destroy the area.

*David Phillips.*

### NORTH COAST HAMERSLEY REGION

The U3A North Coast Region has moved its meetings to the Hamersley Community Recreation Centre, much to the delight of many members living in the City of Stirling who are pleased to have the venue close to home. The Region is now known as North Coast (Hamersley).



Left to right: Ron and Helen Clements, Anka Babich, Pat Colling, Nadia Watson and Lucille Rodgers.

## **CITY COURSES – SECOND SEMESTER**

Courses are run at locations in the Perth CBD, mainly in rooms at the State Library, TAFE or Citiplace Community Centre. Inquiries to Alan Mortimer, Course Coordinator on 9450 2398 or 0401784777

<b><u>COURSE/DATE(S)</u></b>	<b><u>TIME</u></b>	<b><u>PRESENTER/VENUE</u></b>
<b>ART APPRECIATION - CONTINUATION</b> 2nd Wednesday, 8 July - 9 Sept	1.00 – 2.00pm	<b>Rosemary Grigg</b> Central TAFE, Northbridge
<b>ARCHAEOLOGY - ADVENTURE, MYSTERY, USE AND ABUSE</b> 1st and 3rd Tuesday, 4 Aug - 17 Nov	9.30 – 11.00am	<b>Donald Lantzke</b> Citiplace, Perth
<b>FILM DISCUSSION</b> 1st Tuesday, 4 Aug - 3 Nov	9.30 – 11.00am	<b>Nicky Dair</b> State Library Kimberley Room G3
<b>FILM MAKING</b> Tuesday 4 Aug and Tuesday 1 Sept	11.15am – 12.45pm	<b>John Bath</b> State Library Kimberley Room G3
<b>INTERNATIONAL INTELLIGENCE AGENCIES</b> 3rd Tuesday, 18 Aug - 17 Nov	11.15am – 12.45pm	<b>Sonia Kellett</b> State Library Kimberley Room G3
<b>ISLAM – PEACE THROUGH UNDERSTANDING</b> 2nd and 4th Thursday, 13 Aug - 26 Nov	11.30am – 1.00pm	<b>Faizel Chothia</b> State Library North West Room 2.9
<b>JUDAISM – MYTHS AND FACTS</b> 2nd and 4th Thursday, 13 Aug - 26 Nov	9.30 – 11.00am	<b>Rabbi Sheryl Nosan-Lantzke</b> State Library North West Room 2.9
<b>LECTURE SERIES OF EIGHT ‘ONE OFF’ LECTURES ON VARIOUS SUBJECTS</b> 1st and 3rd Tuesday, 4 Aug - 17 Nov	1.30 – 3.00pm	<b>John Leach</b> Citiplace, Perth
<b>LITERATURE</b> 1st Tuesday, 4 Aug - 3 Nov	11.30am – 1.00pm	<b>Helen Baker</b> State Library North West Room 2.9
<b>MAH-JONG</b> 2nd and 4th Thursday, 13 Aug - 26 Nov	1.00 – 2.30pm	<b>Maureen Thompson</b> Citiplace, Perth
<b>MATHEMATICS FOR NON MATHEMATICIANS – CONTINUED</b> 4th Thursday, 27 Aug - 26 Nov	11.15am – 12.45pm	<b>Peter Flanigan</b> State Library Kimberley Room G3
<b>PHILOSOPHY</b> 2nd and 4th Thursday, 13 Aug - 26 Nov	9.30 – 11.00am	<b>Hans Hoette</b> State Library Kimberley Room G3
<b>SCIENCE &amp; TECHNOLOGY DISCUSSION</b> 3rd Tuesday, 18 Aug - 17 Nov	11.30am – 1.00pm	<b>Ken Mullin</b> State Library North West Room 2.9
<b>U3A CHORALE</b> 2nd, 3rd and 4th Tuesday, 11 Aug - 24 Nov + 8 Dec	10.00am – 12.30pm	<b>Viviane Knight</b> The Guild Room, Wesley Church, corner William and Hay Streets, Perth
<b>WHY LIFE IS WORTH LIVING</b> 2nd Thursday, 13 Aug - 12 Nov	11.15am – 12.45pm	<b>Arthur Tonkin</b> State Library North West Room 2.9

## REGIONAL PROGRAMS – AUGUST TO OCTOBER 2015

### CENTRAL REGION

Meets on alternate Mondays from 1-4pm at the Community Room of the Grove Library, corner of Stirling Highway and Leake Street, Cottesloe.

3 Aug	1pm	<b>Seniors Volunteer Activities</b>	<b>Members</b>
	2.30pm	<b>Perth's History Via Its Statues</b>	<b>Rita Higham</b>
17 Aug	1pm	<b>The Women of Australia: Convicts and Pioneers</b>	<b>June Dunstan</b>
	2.30pm	<b>Australian Oceans at a Crossroads - Challenge And Opportunities for Marine Conservation</b>	<b>Professor Meeuwig (UWA)</b>
31 Aug	1pm	<b>Reflections on Liberia</b>	<b>Rae Cronin</b>
	2.30pm	<b>Poisonings in W.A. History: Sudden Death by Murder. Suicide and Accident 1829 – 1920</b>	<b>Assoc. Prof Layman (UWA)</b>
14 Sept	1pm	<b>The Life of Alfred Hitchcock</b>	<b>Terry Kitson</b>
	2.30pm	<b>Reflections on my Work in a Foreign Medical Team</b>	<b>Bruce Wicksteed</b>
28 Sept	1pm	<b>PUBLIC HOLIDAY - NO MEETING</b>	
12 Oct	1pm	<b>Salvado</b>	<b>Fr. Geoff Beyer</b>
	2.30pm	<b>Kalgoorlie Crime Stories</b>	<b>Cate Rocchi</b>
26 Oct	1pm	<b>The King of Sunlight: How William Lever Cleaned up the World</b>	<b>Helen Brown</b>
	2.30pm	<b>Cunards's Queens: Mary &amp; Elizabeth</b>	<b>Chris Frame</b>

Meets on alternate Mondays at Mount Claremont Community Centre, 105 Montgomery Avenue, Mt. Claremont

1- 2pm	<b>Current Affairs Discussion</b>
2- 3pm	<b>Literature and Music Group</b>

### JOONDALUP REGION

Meetings take place at the Rob Roddick Community Centre, Dampier Avenue, Kallaroo (opposite St. Ives Retirement Village). Meetings are held from 11am to 3pm on the second and fourth Mondays, with a social BYO lunch and refreshment break between 1pm and 1.30pm. This is followed by a Guest Speaker. There are no meetings on Public Holidays.

The Special Interest and Discussion Group facilitator is Terry Westmoreland (9304 8426). The Mah-jong Group meets every Monday at 11am, except on Public Holidays, and the facilitator is Trish Lau-Veach (0422 318 304). The 1<sup>st</sup> Book Club meets at 11.45am on the second Monday of the month, and the facilitator is Brenda Hugo (0418 859 955). The 2<sup>nd</sup> Book Club meets at 11.45am on the fourth Monday of the month, and the facilitator is Janet Clark. The Gardening Group facilitator is Clive Paternoster (9305 7231) and the Group meets by arrangement with members. The Digital Camera Group facilitator is Catherine Swan (9404 7412) and the Group meets by arrangement with members. The Creative Writing Group facilitator is Patricia Lysons (9309 1607). The Happy Wanderers Group facilitator is Margaret Bender. Social Events are posted on the noticeboard and read out in notices. The Region has an e-mail address [u3ajjoondalupregion@outlook.com](mailto:u3ajjoondalupregion@outlook.com) for member queries, and the Region contact person is Janis Davis (9305 3370).

Every 5<sup>th</sup> Monday there is a Luncheon at the Sovereign Arms. If you intend attending, please call Patricia on 9309 1607 by the previous Sunday evening.

10 Aug	11.30am	<b>Special Interest Group</b>	<b>Terry Westmorland</b>
	11.30am	<b>Mahjong</b>	<b>Trish Lau-Veach</b>
	11.45am	<b>1<sup>st</sup> Book Club</b>	<b>Brenda Hugo</b>
	11.45am	<b>Creative Writing Group</b>	<b>Patricia Lysons</b>
	12.30pm	<b>Discussion Group</b>	<b>Terry Westmorland</b>
	2pm	<b>Travel Tips for Seniors</b>	<b>Adele and Ely</b>
24 Aug	11.30am	<b>Special Interest Group</b>	<b>Terry Westmorland</b>
	11.30am	<b>Mahjong</b>	<b>Trish Lau-Veach</b>
	11.45am	<b>2<sup>nd</sup> Book Club</b>	<b>Janet Clark</b>
	11.45am	<b>Creative Writing Group</b>	<b>Patricia Lysons</b>
	12.30pm	<b>Discussion Group</b>	<b>Terry Westmorland</b>
	2pm	<b>Housing Options for Seniors</b>	<b>Diane Marks, COTA</b>
14 Sept	11.30am	<b>Special Interest Group</b>	<b>Terry Westmorland</b>
	11.30am	<b>Mahjong</b>	<b>Trish Lau-Veach</b>
	11.45am	<b>1<sup>st</sup> Book Club</b>	<b>Brenda Hugo</b>
	11.45am	<b>Creative Writing Group</b>	<b>Patricia Lysons</b>
	12.30pm	<b>Discussion Group</b>	<b>Terry Westmorland</b>
	2pm	<b>The 10<sup>th</sup> Light Horse</b>	<b>Phil Sullivan</b>
28 Sept	11.30am	<b>Special Interest Group</b>	<b>Terry Westmorland</b>
	11.30am	<b>Mahjong</b>	<b>Trish Lau-Veach</b>
	11.45am	<b>2<sup>nd</sup> Book Club</b>	<b>Janet Clark</b>
	11.45am	<b>Creative Writing Group</b>	<b>Patricia Lysons</b>



	12.30pm	<b>Discussion Group</b>	<b>Terry Westmorland</b>
	2pm	<b>Stand and Deliver – Topic of Choice – 5 minute max.</b>	<b>Members</b>
12 Oct	11.30am	<b>Special Interest Group</b>	<b>Terry Westmorland</b>
	11.30am	<b>Mahjong</b>	<b>Trish Lau-Veach</b>
	11.45am	<b>Creative Writing Group</b>	<b>Patricia Lysons</b>
	11.45am	<b>1<sup>st</sup> Book Club</b>	<b>Patricia Lysons</b>
	12.30pm	<b>Discussion Group</b>	<b>Terry Westmorland</b>
	2pm	<b>Home Sustainability: How to cut your bills easily</b>	<b>Alan Benn</b>
26 Oct	11.30am	<b>Special Interest Group</b>	<b>Terry Westmorland</b>
	11.30am	<b>Mahjong</b>	<b>Trish Lau-Veach</b>
	11.45am	<b>2<sup>nd</sup> Book Club</b>	<b>Janet Clark</b>
	11.45am	<b>Creative Writing Group</b>	<b>Patricia Lysons</b>
	12.30pm	<b>Discussion Group</b>	<b>Terry Westmorland</b>
	2pm	<b>West Australian Symphony Orchestra</b>	<b>Clair Stokes and Alan Tyrell</b>

### LESMURDIE HILLS REGION

Meets on first and third Tuesdays from 10am-12noon at Falls Farm, Cagney Way, Lesmurdie. Inquiries to Pollyanne Hill on 9291 6652.

4 Aug		<b>Building Homes in Cambodia</b>	<b>Helen Armstrong</b>
18 Aug		<b>Climate Change</b>	<b>Prof. Ross Edwards</b>
25 Aug		<b>Coffee Club</b>	<b>Members</b>
1 Sept		<b>Iran and America – 60 Troubled Years</b>	<b>Gerard Roussilhes</b>
15 Sept		<b>The Soham Murders – A Case in Forensic Science</b>	<b>Prof. Simon Lewis</b>
22 Sept		<b>Coffee Club</b>	<b>Members</b>
29 Sept		<b>Excursion to Araluen</b>	<b>Members</b>
6 Oct		<b>Everyday Life in Medieval England - Part 1</b>	<b>Betty Muller</b>
20 Oct		<b>Everyday Life in Medieval England - Part 2</b>	<b>Betty Muller</b>
27 Oct		<b>Coffee Club</b>	<b>Members</b>

### MID-NORTH REGION

Meets on alternate Mondays at the Church of Christ Community Hall, 68 Waverley Street, Dianella (opposite Centro Dianella)

3 Aug	11.45am	<b>Phnom Penh to Battambang</b>	<b>Margaret Lloyd</b>
	2pm	<b>Copyboy: Perth, 1946 and the Significance of Historical Fiction</b>	
17 Aug	11.45am	<b>Norfolk</b>	<b>Barrie McMahon</b>
	2pm	<b>Impressions of Israel in 2014</b>	<b>Margaret Davies</b>
31 Aug	11.45am	<b>Siem Reap and Angkor Temples</b>	<b>Alan Mortimer</b>
	2pm	<b>Bells and Bell Ringing</b>	<b>Margaret Lloyd</b>
14 Sept	11.45am	<b>Janet in the Frame, and Money</b>	<b>Richard Offen</b>
	2pm	<b>Live Well with Asthma</b>	<b>Sonia Kellett</b>
28 Sept	11.45am	<b>The Country or Places I would Like to Visit or Revisit</b>	<b>Annette Raison</b>
(Queen's B/Day)	2pm	<b>Members' Afternoon</b>	<b>Members' short talks</b>
12 Oct	11.45am	<b>40 Years as a Consumer Advocate</b>	<b>Rhonda Algaba</b>
	2pm	<b>Abrolhos Islands</b>	<b>Eric McCrum</b>
26 Oct	11.45am	<b>Akhenaten – Heretic or Hero</b>	<b>Russell Decke</b>
	2pm	<b>Public Libraries in the Internet Age</b>	<b>Margaret Allen</b>

#### Music Group

Meets fortnightly on Tuesdays from 1.15 – 3.15pm at Dianella Community meeting rooms, 18 Kerry Street, Dianella (alternate week to Mid-North meetings). Contact Ann (9444 7782)

#### Film Club

Meets on alternate Monday mornings to view a recently released film, with coffee afterwards. Contact Carol on 9370 5692 (please leave a message)

#### Discussion Group

Meets monthly on a Tuesday for coffee/chat at 10am, upstairs at Myer Morley in the coffee shop. Contact Margaret (9276 3081)

#### Excursions

Will be discussed at meetings or contact Ginie on 9271 7263 for further details.



## NORTH COAST (HAMERSLEY) REGION

Meetings are now held every Friday at the Stirling Leisure Centre Hamersley, corner of Belvedere Road and Lampard Street, Hamersley. **Please note the new times.** Contact Terry for further information on 9409 1412. The Walking Group will meet at the Hamersley Recreation Centre and other times by arrangement. Please contact Nina (9309 5560) or e-mail verena.bronkhorst5@bigpond.com. Check the Website [www.u3auwa.org](http://www.u3auwa.org) for changes or additions. Fifth Friday outings are organised and announced at the regular meetings.

7 Aug	11.30am	<b>Music Appreciation - Musicals</b>	<b>Members</b>
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>My Acting Career</b>	<b>Rosemary Barr</b>
14 Aug	11.30am	<b>Book Club</b>	<b>Anka Babich</b>
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>My Life – Burma to Perth</b>	<b>Derek Talbot</b>
21 Aug	11.30am	<b>Committee Meeting</b>	
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>Email and Internet Security</b>	<b>David Cook</b>
28 Aug	11.30am	<b>Poetry</b>	<b>John Buxallen</b>
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>Any Topic of Your Choice – 5 minute max.</b>	<b>Members</b>
4 Sept	11.30am	<b>Music Appreciation – Irish Selection</b>	<b>Terry Harvey</b>
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>My Broome Experience</b>	<b>Glenice Munro</b>
11 Sept	11.30am	<b>Book Club</b>	<b>Anka</b>
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>Author of “Copyboy”</b>	<b>Barrie McMahon</b>
18 Sept	11.30am	<b>Committee Meeting</b>	
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>Oscar Wilde</b>	<b>Peter Flanigan</b>
25 Sept	11.30am	<b>Poetry</b>	<b>John Buxallen</b>
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>Bells – History, Manufacture and Ringing</b>	<b>Richard Offen</b>
2 Oct	11.30am	<b>Music Appreciation</b>	<b>Members</b>
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>Tasmanian Aboriginal History</b>	<b>Terry Harvey</b>
9 Oct	11.30am	<b>Book Club</b>	<b>Anka Babich</b>
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>The Wiluna Solution – by the Author</b>	<b>Dave Goddard</b>
16 Oct	11.30am	<b>Committee Meeting</b>	
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>A City I have visited – 5 minute max. talks</b>	<b>Members</b>
23 Oct	11.30am	<b>Poetry</b>	<b>John Buxallen</b>
	12.30pm	<b>Walking Group</b>	<b>Nina</b>
	1.15pm	<b>Sounds of World War 1</b>	<b>Richard Rennie</b>

## ROCKINGHAM & DISTRICTS REGION

Main meetings are held at Masonic Hall, Wanliss Street, Rockingham, first and third Fridays commencing at 1.30pm. For Group Studies meetings contact the Group leaders as listed below. (ML indicates Murdoch Library is the venue.)

7 Aug	1.30pm	<b>The Lucy Saw Centre</b>	<b>Anne Moore</b>
21 Aug	1.30pm	<b>My Role as a Police Chaplain</b>	<b>Pastor Keith Carmody</b>
4 Sept	1.30pm	<b>My Life as an Actress</b>	<b>Ursula Gordon</b>
18 Sept	1.30pm	<b>History of Guilford</b>	<b>Celia Miller</b>
2 Oct	1.30pm	<b>Amsterdam and the Gallery of Art</b>	<b>Carl Altman</b>
16 Oct	1.30pm	<b>Burrup Rock Art</b>	<b>Dr Ken Mulvaney</b>

### Group Studies Meetings

2 <sup>nd</sup> Mon	Aug, Sept, Oct	10am	<b>WA History (ML)</b>	<b>Ann</b>	9592 7386
3 <sup>rd</sup> Mon	Aug, Sept, Oct	2pm	<b>Poetry/Play Reading (ML)</b>	<b>Diana</b>	9593 2313
4 <sup>th</sup> Mon	Sept	2pm	<b>Music ONE</b>	<b>Iris</b>	9592 2483
2 <sup>nd</sup> Tues	Aug, Sept, Oct	times vary	<b>Cinema Visit</b>	<b>Liz</b>	9527 9471
3 <sup>rd</sup> Tues	Aug, Oct	2pm	<b>Book Club 1</b>	<b>Gary</b>	9550 4920

4 <sup>th</sup> Tues	Aug, Sept, Oct	2pm	<b>Book Club 2 (ML)</b>	<b>Sandra</b>	9529 1120
1 <sup>st</sup> /3 <sup>rd</sup> Wed	Aug, Sept, Oct	10am	<b>Open Learning</b>	<b>Liz</b>	9527 9471
4 <sup>th</sup> Wed	Aug, Sept, Oct	1.30pm	<b>Scrabble Group</b>	<b>Wendy</b>	9527 1560
2 <sup>nd</sup> Fri	Aug, Sept, Oct	10am	<b>Coffee Group</b>	<b>Wendy</b>	9527 1560
4 <sup>th</sup> Fri	Aug, Sept, Oct	12noon	<b>Lunch Group</b>	<b>Colleen</b>	0423 393183

### SOUTH EAST METRO REGION

Meetings are on the first and third Fridays at the East Victoria Park Family and Community Centre.  
Inquiries to Norman on 9367 5904.

7 Aug	2pm	<b>Royal Schools Music Club – Past, Present and Future</b>	<b>Judy Thonell</b>
21 Aug	2pm	<b>Commanding the Volunteer Marine Rescue Organisation In Western Australia</b>	<b>Jeff Howe</b>
3 Sept (Thur)	11am	<b>Perth Concert Hall – Ascher Fisch Conducts Wagner’s Lohengrin, Act 1: Prelude Tchaikovsky Symphony No. 5 (Bookings at SE Metro 5 weeks prior)</b>	<b>Margaret 9398 1141</b>
	9.40am	<b>Pre-Concert Talk</b>	
4 Sept	2pm	<b>“MOOG” – A New Peak for Information Technology in Lifelong Learning</b>	<b>Dr Roger Atkinson</b>
18 Sept	2pm	<b>My Real Estate Career: Highs, Lows, Changes and Humour</b>	<b>Bunty Evans</b>
2 Oct	2pm	<b>Internet Security with Seniors Especially in Mind</b>	<b>David Cook</b>
15 Oct (Thur)	11am	<b>Perth Concert Hall – Giancarlo Guerrero Conductor Copland – Fanfare for the Common Man Joan Tower – Fanfare for the Uncommon Woman Dvorak – Symphony No. 9 from the New World (Bookings at SE Metro 5 weeks prior)</b>	<b>Margaret 9398 1141</b>
	9.40am	<b>Pre-Concert Talk</b>	
16 Oct	2pm	<b>Politicians I Have Met</b>	<b>Peter Kennedy</b>

The following Group meets at East Victoria Family and Community Centre every Friday from  
11.30am - 12.30pm unless otherwise notified

**Qigong:** An easy-to-follow sequence of gentle movements to increase body/mind energy-flow  
to enhance well-being. This is suitable for all and the Tutor is Doreen Boss (9472 5072)

The following Groups meet at McDougall House, Clydesdale Street, Como

1 <sup>st</sup> Mon	1.30pm	<b>Current Affairs</b>	<b>Maureen</b>	9350 5992
3 <sup>rd</sup> Mon	2pm	<b>Philosophy</b>	<b>Julia</b>	9472 3015
4 <sup>th</sup> Mon	2pm	<b>Play Reading</b>	<b>Alan</b>	9450 2398
		<u>The following Group meets at a members’ home</u>		
4 <sup>th</sup> Sat	2pm	<b>Book Club</b>	<b>Maureen</b>	9350 5992

### SOUTH WEST METRO REGION

Most regular meetings are held at the Miller Bakehouse Museum, 7 Baal Street, Palmyra. History, Mahjong, World Happenings and Games are held at Kadidjiny Park Hall, 72 Kitchener Road, Melville. Some meetings are held in members’ homes. Please contact the appropriate person below for meeting and venue information. The Region now has a mobile phone contact number on 0450 198 413.

3 <sup>rd</sup> Mon	10.30am	<b>Women’s Coffee Club</b>	<b>Judy</b>	0427 409 791
4 <sup>th</sup> Mon	9.50am	<b>Looking at Books</b>	<b>Ann</b>	9457 1879
Every Tues	1pm	<b>Mahjong</b>		0450 198 413
1 <sup>st</sup> Tues	(time varies)	<b>Going to the Movies</b>	<b>James</b>	9272 4929
1 <sup>st</sup> /3 <sup>rd</sup> Tues	9.30am	<b>Writing Life Stories</b>	<b>Gaye</b>	9330 3544
2 <sup>nd</sup> Tues	10am	<b>Reading 21<sup>st</sup> Century Writing</b>	<b>Ann</b>	9457 1879
3 <sup>rd</sup> Tues	1.30pm	<b>Poetry</b>	<b>Daphne</b>	9364 3583
4 <sup>th</sup> Tues	10.30am	<b>Men’s Coffee Club</b>	<b>Dennis</b>	9317 7919
1 <sup>st</sup> Wed	2pm	<b>Book Group No. 2</b>	<b>Audrey</b>	9317 8240
1 <sup>st</sup> Wed	9.30am	<b>Current Affairs Forum</b>	<b>Dawn</b>	9317 7687
Every Wed	1pm	<b>Beginners Mahjong</b>	<b>Rhys</b>	9335 6703
Every Wed	1pm	<b>Ukele Playing</b>	<b>Erin</b>	0416 100 146
2 <sup>nd</sup> Wed	9.30am	<b>History</b>	<b>Phyl</b>	9364 3604
3 <sup>rd</sup> Wed	9.30am	<b>World Happenings</b>	<b>Pat</b>	9332 3190

3 <sup>rd</sup> Wed	9.30am	<b>Music</b>	<b>Louise</b>	9330 2630
4 <sup>th</sup> /5 <sup>th</sup> Wed	9.30am	<b>Writing for Pleasure</b>	<b>Robert</b>	9339 6315
4 <sup>th</sup> Wed	9.30am	<b>Games Group</b>	<b>Alice</b>	9364 9511
Every Friday	9.30am	<b>Mahjong</b>		0450 198 413
3 <sup>rd</sup> Sat	2pm	<b>Melville Lecture</b>	<b>James</b>	9272 4929

The Melville Lecture is held in the Apollo Room, Melville Recreation Centre, corner Stock Road and Canning Highway, commencing at 2pm. Visitors are welcome. Entry fee of \$3 includes afternoon tea.

**15 Aug** Professor Ralph Martins, "The Latest Findings in Preventing Alzheimer's Disease".

**18 Sept** Claire Stokes and Alan Tyrell, "Behind the Scenes with the West Australian Symphony Orchestra".

(Note that the September meeting will be a trial on a Friday afternoon to relieve parking difficulties and the conflict with weekend family commitments).

**17 Oct** Mark Ward, CEO of Kings Park, "Behind the Scenes at Kings Park".

### SWAN HILLS REGION

Meets at 1.30pm on Fridays at Polytechnic West, Lloyd Street, Midland (formerly Swan College of TAFE) in Lecture Theatre, Block "D", behind the Administration Block "A".

7 Aug	<b>Matthew Flinders</b>	<b>Pam Stockwell</b>
14 Aug	<b>Pining for New Zealand</b>	<b>Brian Loader</b>
21 Aug	<b>Southern Railway: Tambellup</b>	<b>Robyn Talbot</b>
	<b>Southern Railway: Mt Barker</b>	<b>John Ashton</b>
28 Aug	<b>Have Science, will Travel</b>	<b>Dr Marilyn Chambers</b>
4 Sept	<b>Canada</b>	<b>Denise Beer</b>
11 Sept	<b>Music and Social Afternoon</b>	<b>Members</b>
18 Sept	<b>Southern Railway: Albany</b>	<b>Maxine Mack</b>
25 Sept	<b>Hot Glass</b>	<b>Marilyn Loader</b>
30 Sept	<b>Social lunch: to be announced</b>	<b>Members</b>
2 Oct	<b>Beating About the Bush</b>	<b>Dr Olga Ward</b>
9 Oct	<b>The Earth: One in a Million</b>	<b>Peter Flanagan</b>
16 Oct	<b>Trams 3: Whiteman Park</b>	<b>Members</b>
23 Oct	<b>Meanderings, Musings and Collections</b>	<b>Geoff Byrne</b>
30 Oct	<b>Show and Tell</b>	<b>Members</b>

### WANNEROO REGION

Meets at **1.00pm** on the last Thursday of each month at the Wanneroo Recreation Centre, 275 Scenic Drive, Wanneroo. Inquiries to Ann on 9206 1550.

27 Aug	<b>My Not So Brilliant Career</b>	<b>Diana Warnock</b>
24 Sept	<b>The 10<sup>th</sup> Light Horse Brigade</b>	<b>Phil Sullivan</b>
29 Oct	<b>Passionate and Purposeful Living</b>	<b>Doctors Adele and Ely</b>

#### Discussion Group

Meets on the second Thursday of each month at 1.00pm at the above venue.  
Contact Ann on 9206 1550.

### SPANISH CONVERSATION

Meets at 10am on the first and third Thursday of the month at Drabble House, Nedlands.  
Contact Jean on 9284 1731 or at [jeanr64@bigpond.com](mailto:jeanr64@bigpond.com)

### U3A NETWORK REPORT

We are pleased to welcome Jean Duff to the Network Committee. Jean will be representing U3A Online (76 members in W.A.) which has now joined the WA Network. The recent International Conference in Brisbane was a big success. A brief report may be found on page 14 of this magazine, while the full report can be found at <http://www.u3aqldconference.org/>

The Chair of U3AAA is now Julie Porteous, President of U3A Queensland. The Secretariat will remain in Queensland until March 2016 when it will pass back to NSW.

The AGM of the WA U3A Network will be held immediately after the Seminar on 22 July 2015. This is open to all U3A members although voting is restricted to official delegates.  
**Peter Flanigan (Acting President).**



## SEPTUAGENARIAN SAFARI

by Audrey Balfour, Joondalup Region

"You two are always up for travel and adventure, aren't you?" said Eileen to Janet and myself at our Bridge Club one Saturday. "How about taking a trip to a safari lodge in Botswana?" "Yes please" say I, who can never say no to anything. A friend of Eileen's has a share in an exclusive private safari lodge called Leopard Rock in Madikwe (meaning mother of the crocodile) in the North West of South Africa bordering on Botswana. We were invited to make up a party for a week's stay. There were six of us, Team Leader Corrie, Eileen and her sister Mary and Mary's husband Paddy (an Irishman, would you believe), Janet and myself. As a group we easily made up for any lack of physical agility with our razor-sharp witticisms and sometimes funny jokes.

### 7<sup>th</sup> May 2009

Leaving home at 7am we wended our way between pot holes for about 5 hours on the trunk road to Bulawayo, followed by another 1 hour on to the Botswana border where we were able to go straight through customs and immigration. In another hour or so we arrived in Francistown, Botswana's second city, where we stocked up on drinks for the week and did a little light shopping. From there we traveled about 20 km to a highly recommended Bed and Breakfast in the bush where we micro-waved frozen dinners as we watched the torrential and very unseasonable rain.

### Friday 8<sup>th</sup> May

It was an early and dignified start to our journey, in two cars, down the length of Botswana to the little border crossing into South Africa and the game reserve. After the deplorable state of the Zimbabwe roads we were mightily impressed by the excellent roads and well-kept verges in Botswana. The little houses all looked freshly painted and had piped water, even in the rural areas. The day was sparkling with skies of blue and I could not restrain myself from exclaiming loudly from the back seat "This is glorious", such was the relief of being in an organized and caring environment again.

Three of us were in the leading vehicle and all went smoothly until we stopped for petrol in a town about 180 km before our turn off to the border post. Due to a mix up on leaving the petrol station, the following car was now in the lead and trying desperately to catch up with our car that was now following them and trying desperately to catch up with them! In this manner we both flew down the 120 kph limit highway at speeds of up to 150 kph for the next couple of hours. Now following the car that we should have been leading we felt as if we were in a surreal board game with obstacles such as 50 kph speed limits through villages, large slow pantechicons to overtake, other cars doing exactly the speed limit, traffic police, then there were the catch-up opportunities like tsetse control posts and other speeding vehicles. Still the desperate little white car sped on ahead of us cresting distant hills and disappearing soon after a sighting. It was truly just like a car chase in an action film and Corrie, our intrepid driver, was the heroine. A speeding bus was our salvation and we slip-streamed it until the happy ending when we caught up with the little white car right at the turn off. That culminated our two hours of cheers and groans and, to the utter amazement of the others when they saw us, lights flashing, arms waving, coming up behind them as they were unknowingly racing past the turning.

The main game lodge is the ultimate in luxury and taste with individual lodges hidden in the surrounding bush and equipped with every convenience including showers open to the skies and a bath built into the rocks. There was plenty of wild life in the immediate environs, from a frantic francolin in our lodge to a Mozambican spitting cobra in the lodge next

door. There was also a big fat striped cuckoo squawking for food from its little arrow-marked babbler foster parents.

Immediately below the main lodge deck is a waterhole frequented by a *parade* of 20 to 30 elephants ranging from a huge matriarch to playful little elephant babies. We always kept a lookout for visitors there. However, one unwelcome intruder was a 10 ft black mamba seen near our room. He had apparently been caught and moved away several times but always returned to his territory. So we then always did a tap dance on the deck to warn him of our approach.

There had been very good rains this past season and the grass was thick and long and the animals, both predators and prey, were fat and sleek. The male bucks were defending their territories in preparation for the rutting season and even the rhino were courting very sweetly in their lumbering way.

### Sunday

We have encountered lions every time we have been out on our twice-daily approximately 3-hour safari drives. There was the huge lone male, joint boss of the area with his brother, lying in the road with a great fuzzy mane and what appeared to be a bloody eye. The mother lion with four cubs had taken off after two passing impala in a practice chase. A male and female adult lay indolently by a pan and prevented nervous zebra and wildebeest from coming down to drink and, most excitingly, a mother lion and two of her grown daughters bringing out two playful little cubs, 6-8 weeks old, for the first time.

We have seen very close-up huge white rhinos in twos and threes and even a *crash* of seven rhino, *towers* of elegant giraffes, *sounders* of cheeky warthogs, and a *skulk* of one jackal. We have also seen white-faced springbok (a first for me) being charged by a young male elephant, seen hartebeest, magnificent kudu, baboons, a pygmy mongoose and many birds, including baby francolin running all over the place ready to provide fast food for predators. (You will see above that we researched a list of collective names for animals!). I was especially pleased to see two pearl-spotted owls and a spotted eagle owl. All these beautiful animals have their daily struggles for survival with some evidence of wounds and injuries.

We have not yet seen buffalo in spite of spending a whole day tracking a herd of 300 known to be in the area. Our most exciting encounter was after an unscheduled dash across the park to a wild painted dog sighting. The pack of about a dozen dogs were taking their ease after a kill, lying in the long grass in the warm sun, initially only evident from the occasional raising of a head or a luxurious stretch, and shift of position.

It was been wonderful to see so many animals so closely and with such a lack of tension, all due to Nadia our excellent, knowledgeable and persistent guide.

### Monday

Wow! I thought I had told all there was to tell about lions. This morning we sat in on the welcome given to a mother lion and her grown-up daughter returning from a night's hunting by two younger daughters who had been looking after the same two little babies we had seen previously. There was such intense and loving rubbing up against each other, purring and licking each other whilst the babies gave harsh little mews of welcome. All would be well with our world if only all families were so close and demonstrably loving.

From there we came upon a male and female lion cuddled down with some young lions sharing a kill, when up stalks the brother with the bloody eye and starts a serious fight within six feet of our open vehicle! There was great snarling and gnashing as the two males wrestled and rolled around

oblivious of their apprehensive audience. The lion that presumably was deemed the winner, in spite of a bloody muzzle, then walked off with the lioness.

Still elated and shaken by this experience we came upon a great big (endangered) brown hyena, a rare sighting. Then to crown our morning's viewing we had a really good view of a female cheetah that, with bloody chops, had just been driven off her kill by another lion, an even rarer experience as there are only two cheetah in this whole vast park.

In the evening darkness we at last came upon the buffalo herd, shining pairs of eyes, dark shapes and the sound of ripping and chomping grass. The spotlight picked out their great bosses and highlighted some of them crossing the road ahead of us, either tiptoeing or leaping nervously across.

### **Tuesday**

We were off to a different area of the park seeing some lovely waterbuck and a few other types of animals, but mainly concentrating on bird life, spoor and vegetation such as the stinky shepherd tree. We have identified 80 out of the possible 400 or so species of birds in the park.

We had been told we were to have a bush breakfast this morning but weren't quite sure what to expect. It was another glorious crisp morning with bright sunshine and birds singing. We swung around a corner and there, in a clearing, was a gleaming table laid for ten breakfasters and two staff standing by to serve us with one-eyed Egyptians. I was just overcome and choked up, it was all so wonderful, even the pooh-spitting competition! In the evening we had a braai supper at the boma, a circle of seats around a great wood fire in the African night.

During the last couple of days an assessor has been here to test our guide Nadia for her Level 3 Field Guide qualification. We played our parts as guests. She was very nervous, but passed as we had all expected. Corrie, our hostess, also took the opportunity to renew her Level One qualification. We didn't go out on her drive. She returned white-faced from the experience of actually seeing a lion kill an impala. She has also passed although she still had a couple more assignments to complete.

### **Wednesday**

It was a later start after breakfast today and we traveled to the far side of the park for a picnic lunch. Part of the way was on the old original wagon road, first built in the nineteenth century to link Cape Town to Bulawayo. It was the route used to transport diamonds and included a section called 'ambush alley'. Some battles in the Boer War had also taken place in this area. We also passed some amazing cliffs and caves carved from dolomite by water erosion. We saw many animals including a picture-postcard scene of impala, zebra and wildebeest frolicking around a waterhole. Our picnic lunch was taken under an ancient and spreading fig tree.

During our few days here we have seen 22 species of animals including six of the magnificent seven. We all got on so well as a group (in our leopard beanies) that we decided we were like the 'big five' African mammals - Eileen the lion, Mary the leopard, Paddy the buffalo, Janet the rhino and Audrey the elephant, led by a big bird called a corriebastard. Two of the party would also have been called Stofpoepertjie if only any one of us could have pronounced the word.

On top of all our exciting adventures we also experienced the tranquility of the bush, the vast blue skies with puffy white clouds and brilliant sunrises and sunsets.

The next two days were spent driving home again. We had traveled nearly 2,500 km there and back together with 300 km of game spotting.

### **USA FILM GROUP – THE THINGS WE DO**

In this second article on "The Things We Do", having settled on a script, we now need to translate the script into a series of connected film clips which portray the scenes in the script. This is best done using a story board which consists of a series of sketches showing the essential elements of each scene. These sketches can be quite simple with stick figures and basic scenery, but should clearly indicate the camera angle and lighting - whether it is interior or exterior, day or night. The storyboard sketches should also show the camera angle: whether the shot is a long shot showing the full context of the location, a medium shot which clearly shows the main characters doing something or maybe a close-up or extreme close-up for conversation, emotion and feeling.

For example, in the Wizard of OZ, a long shot is needed to show Dorothy emerging from the forest with her new friends following the yellow brick road leading off towards the Emerald City in the distance. However a close-up is needed to show the emotion when Scarecrow realises he has a brain and Tin man a heart! The story board can also include a short description of the scene consistent with the script.

Besides the width of the shot, the story board sketches will also show other aspects of the camera angle. A high angle looking down on the scene creates a diminished feel and characters look vulnerable, while taking the shot from a low position looking up creates the feeling of dominance. An eye level shot is used for a neutral interaction. Sometimes the script calls for a "Point of View" shot (POV) which replicates the view as seen by the character. This is useful in action shots with helmet mounted cameras capturing the scene.

In all of these examples the information can be represented graphically on a storyboard before shooting begins so that everyone on the team has an understanding of what is needed in the way of props, lighting, camera movement and position.

**Peter Alcock.**

### **LESMURDIE HILLS REGION MORNING TEA**

At our meeting on the 5 May 2015, we followed what has become an annual tradition. We did our part towards the "Big Morning Tea", raising funds for cancer research. We had a brief meeting followed by a long social morning tea, and then presented a beautifully-made patchwork rug and a patchwork runner to the two winners of our raffle, both made by our member Kay. Our knowledge was then tested with quiz questions which included a question we had failed to answer last year. Most of us showed up badly when we couldn't answer the question although the quiz leader had told us the answer to that question last year. The photo below shows our group gathered around the patch work items.



## UTTERLY CLUELESS #119

20	1	15	6		21	12	14	15		21	2	1	14	3		
			18	16	20	14	3		13	9	1		6	8	3	
19	14	11	14		16	9	21	16		16	14	6	16	18	9	7
	3	23	19	21			1		14	24	9			18	1	16
9	23	16	1		21	17	18	14	12		26	14	5	8	18	21
	19	18	14	24		14	19	19	16	19		21	16	24		
	16		9	23	26	3		26		16	22	23	9		20	
		16	9	13		21	20	23	15	16		14	9	21	8	
21	12	14	7	16	19		14	11	8	26	21		7	8	1	18
8	14	11			16	9	26		4			8	13	13	21	
12	9	23	14	3	9	16		17	4	14	18		23	11	16	26
	16	15	19		22	16	25		9	23	14	18	21			
		6	8	13	16	18		18	16	9	7		20	1	15	10

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>A</b>		<b>E</b>							<b>I</b>			

### U3A ASIA PACIFIC INTERNATIONAL CONFERENCE

Anka Babich and Betty Krouger of North Coast (Hammersley) represented U3A (UWA) at the Conference held in Brisbane on 28-29 May 2015. The theme of the Conference was **“Cherish Today, Challenge Tomorrow”**, and was attended by some 200 delegates. The Keynote Address was given by Professor Jan Thomas, Vice Chancellor and President of the University of Southern Queensland entitled *“Ask not what our Country can do for Education, Ask what Education can do for our Country”*. As well as preparing people for particular careers, education influences the development of values and ethics, and provides the basis for thinking independently and exploring new ideas. A standing ovation was reserved for Sophie Ryan, an undergraduate student at the University of Queensland studying a dual Bachelor of Arts/Bachelor of Laws program and majoring in Peace and Conflict Studies, who delivered an inspiring address entitled *“Starfish, Teacups*

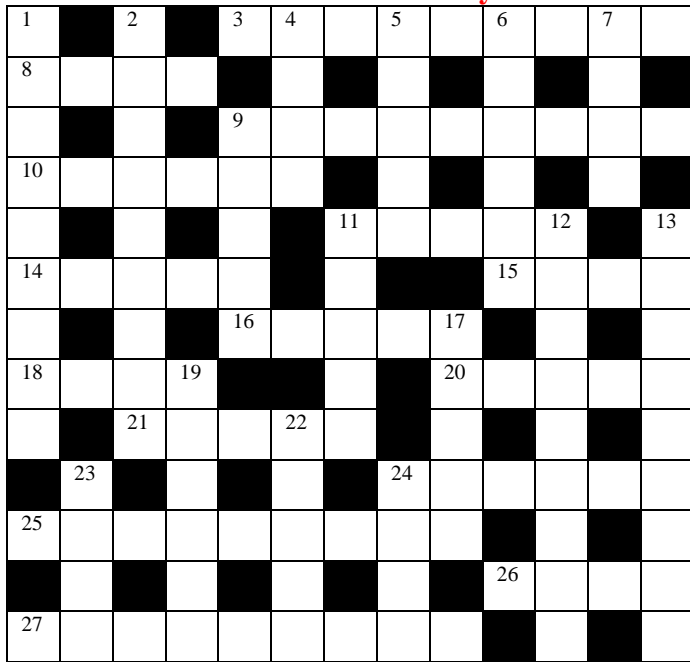
*and how to Change the World”* on the challenges facing youth today. The Conference exceeded all expectations with excellent speakers and a Gala Dinner where there was an opportunity to make new friendships. The “Challenge” was indeed met.



**Betty Krouger (left) and Anka Babich (right)**



## CRYPTIC CROSSWORD No.119 by Sonia Kellett



### Across:

3. I'm told they make good sense (9)
8. Encourage to splurge – at least take part (4)
9. Raged against the other side, and come together (9)
10. You can run rings around this heavenly sphere (6)
11. Eastern skin can unravel (5)
14. Re-sit for the service (5)
15. No serious wine-lover would not use this (4)
16. Use a fist wildly for a quick blow (5)
18. Have fun with the bird (4)
20. Take the best route for an unusual outcome (5)
21. He simply did not have a penny (5)
24. Is his life a bit of a grind? (6)
25. I would need a brace to combine an upward manoeuvre (9)
26. I'm central to a weak person (4)
27. It is hurtful Arthur, troubling, but you should leave the joint (9)

### Down:

1. You are not curiously but perfunctorily casual (9)
2. You may buy them or find them at a rally! (9)
4. She is veering partly toward Ireland (4)
5. He is inclined as a matter-of-fact to be quite plain (5)
6. There's to be no room for error with this clue (6)
7. It's not free so turn around the rock (4)
9. This clue is rubbish! (5)
11. I see the son could be an offshoot (5)
12. I sang a lot terribly for past times (9)
13. Pager let him get the message (9)
17. An eye operation to correct a tic can become a talking point (5)
19. Be seen to ski round badly with another? Put a stop on it (6)
22. I find pa okay after discovering African animal (5)
23. Water construction is somewhat weird (4)
24. Does this dominion have the smallest centre? (4)

### WORD JUMBLE No. 7

How many words of 4 letters or more, including at least one nine-letter word, can you compile from the letters in the grid below? All words must contain the centre letter and each letter may only be used once. There must be no

plurals or verb forms ending in "s", no hyphenated words, no proper names and no swear words. **Good** 10 words, **Very Good** 14 words, **Excellent** 18 words, **Genius** 22 or more words.

I	C	A
N	I	D
A	R	C

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### Solutions to Crosswords:

**Cryptic #118: Across:** 1. Confirm 5. Obese 8. Steeple 9. Hyena 11. Arch 13. Carousel 17. Groper 18. Mystic 19. Terminal 22. Spot 23. Roman 25. Parried 27. Flash 28. Whittle. **Down:** 2. Oat 3. Flesh 4. Relic 6. Bayou 7. Sin 8. Slaughter 10. Allocated 12. Choir 14. Onyx 15. Setup 16. Kepi 20. Means 21. Leash 22. Sprat 24. Oil 26. Eel.

**Word Jumble #6:** Apso, atop, atopy, canopy, capo, capon, capot, chap, chop, copy, hasp, opah, pact, pansy, pant, past, pasty, patch, patchy, path, pathos, phon, phot, phyton, poach, pons, pony, posh, post, posy, potash, python, scope, shop, snap, soap, soapy, spacy, span, spat, spay, spot, stop, SYCOPHANT, taps.

### Symmetrical Word Boxes:

**#3:** Graft, Rosie, Ashen, Field, Tends  
**#4:** Storm, Three, Organ (Vital body part), Reaps, Mensa

### From the Editor:

To all contributors, be you scribes, poets, travellers or a Region correspondent, please do not wait until the next deadline to send already prepared articles or Regional programs. It is of great assistance to have them earlier, and it saves having to send reminder e-mails to Program Coordinators.

The deadline for the November 2015 - February 2016 issue is 5.00 pm on **Friday 18<sup>th</sup> September 2015.**

**E-mail:** dph87111@hotmail.com

**Mail:** Dr David Phillips, 100 Proserpine Loop, Port Kennedy, WA 6172.

**Telephone:** 9593 9852.

## VISIT TO THE CHINESE CONSUL GENERAL

Our General Secretary, Christine Oliver and other members enjoyed the open day held by the Chinese Consul General on 18 June 2015. The visit was organised by Jennie Cox of the Rockingham & Districts Region and, after some exceptional demonstrations of Kung Fu and dance and pipe playing, we participated in some exercises in calligraphy, paper cutting and dumpling-making, prior to indulging in some traditional Chinese food. The open day is held each year to engage with community groups. **Peter Alcock.**



**U3A (UWA) General Secretary, Christine Oliver**

## NORTH COAST (HAMERSLEY) AND A LINK WITH U3A'S BIRTHPLACE

U3A came full circle at North Coast (Hamersley) recently with a well-received presentation by former French diplomat Gerard Roussilhes, who reminded the large gathering of members that U3A (L'Université du troisième âge) was founded in his home-town, Toulouse, France in 1972.

M. Roussilhes spoke on the history of Iran over the past 60 years, which he described as "60 troubled years between Iran and the U.S.A.," recalling events which he witnessed during his secondment to the French embassy in Teheran. M. Roussilhes said that because the world has seen apparent reconciliation between the U.S. and Cuba after 50 years of hostilities and sanctions, he was optimistic that we might also eventually see an improvement in America's relations with Iran.

M. Roussilhes visited North Coast just 48 hours prior to leaving for France, and a holiday at U3A's birthplace.



**Betty Kroeger thanks M. Roussilhes for a rare insight into current events not always covered by the Media.**

## SOUTH EAST METRO REGION TALK

Dr Maureen Smith of the University of Western Australia visited the South East Metro Region on 15 May 2015 to speak about the University Extension and Summer School. Dr Smith was a prime mover of the in the development of the association of U3A (UWA) with the University of Western Australia. It was opportune to invite U3A (UWA) President Peter Alcock to attend this particular meeting in view of the current cordial discussions taking place between the two organisations.



**Left to right: Lavinia Sinclair, Peter Alcock, Dr Maureen Smith, Joan Scanlan.**

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