

# INFORM

The Official Magazine of U3A (UWA) Inc.  
Issue 127 August - October 2017

THE UNIVERSITY OF THE THIRD AGE



PERTH - WESTERN AUSTRALIA

**PATRON: Emeritus Professor Alan Robson AO, CitWA**

## U3A (UWA) OFFICE

The U3A (UWA) Office is open for business on Mondays, Wednesdays, and Fridays, 9am to 12 noon.

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## Constitutional Recognition – Follow Up Lecture with Michael Prince

Following the AGM Michael Prince gave a very successful presentation on Constitutional Recognition. The presentation enlightened members but also intrigued and fostered an interest by members on this complex question. Michael has agreed to present a further lecture for members, it will include information on the Uluru Statement and Treaties.



When: Friday August 18

10.00 – 11.00am

Where: Conference Room 1st Floor City Place

Michael lectures at Murdoch University.

The Referendum Council appointed to advise on progress to Government

## November City Lecture

When: 26 November 2.00 – 3.00pm

Where: State Library of WA

Cost: Gold Coin Donation

The next city lecture will be held in November. Dr Stefano Carboni, the Director Art Gallery of Western Australia will be the keynote speaker.

Dr Carboni was appointed to the Art Gallery in October 2008. He was previously the Curator and Administrator in the Department of Islamic Art at The Metropolitan Museum of Art and Visiting Professor at the Bard Graduate Centre in New York. He has lectured widely in the museum and outside and taught courses in Islamic Art and Curatorial Studies.

A gold coin donation has been introduced to defray venue costs.

## U3A (UWA) COUNCIL CONTACTS

**President:** Valerie Buckley (9527 2911) [valeriebuckley@westnet.com.au](mailto:valeriebuckley@westnet.com.au)

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## Your Local U3A (UWA)

### Region Contacts:

Joondalup	9401 9630
Lesmurdie Hills	9453 1436
Mid-North	9276 9670
North Coast (Hamersley)	9409 1412
Rockingham & Districts	9593 9852
South East Metro	9450 2398
South West Metro	0419 919 993
Swan Hills	9250 6292
Wanneroo	9206 1550
Western Suburbs	0405 952 606

See pages 6 to 13 for information on Regional Meetings/Groups

## PRESIDENTS REPORT

When you read this we will be well into winter but I am writing before winter officially begins! Leaving for my Canadian holiday shortly.

The first of the Lecture Series was on Sunday, 28<sup>th</sup> May and what a thrill it was to see the theatre so full to enjoy Professor Stephen Smith's take on Australian American Relations, and ultimately Australia's place in the region. Many thanks to Jennie Cox, and to Christine Oliver and Gary Triffit for helping to bring it all together.

Dr Stefano Carboni from the Art Gallery of WA will be the speaker at the next Lecture in November. These are free and open to the public so invite your friends.

While membership doesn't appear to have increased, still Regions are recruiting new members and it is important that all members have an understanding of the things we do. To this end I visited South West region recently where they were holding an information day for new members. People were acquainted with activities within their region as well as things they could participate in in the larger group. Members are invited to visit other regions if something appeals to them. Check the 'Inform' online for the latest information. Thank you SW Region for an informative, interesting morning and your generous hospitality.

The City Courses have proved very popular this year and Alan Mortimer is to be congratulated on the range and standard. Alan would really appreciate a support person to be a backup so contact him if you'd like to help!

Business for U3A (UWA) Inc. is going apace with the Online Database Committee getting into its final stages of planning. As we find the few volunteers in the office under more and more pressure it is vital that this project gets top billing.

The Rules committee is also in the final revision stage and I hope you have responded with any comments you may have so they can be taken on board and addressed before the final draft.

With so many positives I will fly out not knowing whether the Seminar will take place or not. The Seminar is one of the cornerstones of U3A (UWA) and a lot of effort goes into arranging them. Jennie and her committee are quietly confident that delegates will encourage their members to come along.

Best wishes in keeping those minds open and brains active.

Yours Valerie

## ANECDOTE

It's difficult to become lost on Rottnest Island with the ocean visible from most areas. Different however for a three-year-old after dark. Returning from an evening walk, about nine o'clock, I noticed a small girl alone in an unlit front yard and stopped.

'You okay, sweetie?'

'We're on holiday,' she said.

'Me too,' I agreed.

She was all right, but didn't know where Mummy was.

'Well, I'll stay with you till we find her,' I promised, aware that she seemed to have no fears that anything unpleasant could happen to her. Brilliant parenting? I wasn't sure.

The villa she was outside was in darkness, but opposite lights were glowing. We crossed the street together and I opened the gate.

'My shoes,' she said pointing.

'Well then, we'll just knock on the door,' I said. It seemed simple.

'They're not home,' small one announced. 'They've gone out for breakfast.'

Breakfast? Oh dear, I thought, this could be a long night. I also thought this is crazy. I cannot take this child to my unit. Here I am, a responsible woman, a mother, a grandmother, and I cannot pick up this child or even take her hand. I am dictated to by political correctness gone mad.

By now most units were in darkness, however further along, right on the beach, was a brightly lit one with loud music coming from it. Together we went to the door and I knocked. It appeared no one heard above the music and laughter, so I banged louder.

A young woman opened the door and I opened my mouth to speak.

'Oh my god, that's my daughter,' she exclaimed. 'Oh, thank you, thank you so much.'

'Well, it's only Rottnest,' I said, 'not...' The sentence dangled between us.

**Angela Pritchard South West Metro**

## QUOTE FOR YOU CONTEMPLATION

"Money can't buy you happiness..... but it does bring you a more pleasant form of misery."

Spike Milligan

## U3A FILM SEEING IS BELIEVING

Telling stories is the basic constant means of human communication. Whether it is the spoken word, the written word, the power of music, from the earliest methods of visual communication to dance or just body language. Spread across the spectrum of communication this may be very poorly done or exceptionally well done but ultimately it is telling stories. One dominant vital final ingredient remains to be stirred into the mix, that is human emotions. Sometimes films may disappoint so next time fine tune your discerning movie selections with the challenge of making movies yourself. It just so happens that U3A does have a dedicated movie making unit called U3A Film, where we like to tell stories.



Everybody has a story, you've probably heard the one about your life, unfortunately it is very difficult to squeeze that into fifteen minutes. Fifteen minutes is the length that defines a 'short film' some people also reckon it is the attention span of younger citizens. Older citizens, we hope not! .

The current crew at U3A film would like to welcome new members, in particular women members to make stories. Anecdotally it seems that women comprise a large percentage of U3A but seem to be reticent to make movies. Don't be reticent, we have the equipment to use and the filmic knowledge to teach. The 'techy' stuff is a means to an end, scripting and ideas are the nexus of a movie.

To be honest it is a unique situation for anybody, not just older age groups in Perth, to have such an opportunity. We know that U3A in Metro Perth has about 1000 members, so one would have thought that there is the obvious starting point.

Have a look online ([www.u3auwa.org/gallery/video](http://www.u3auwa.org/gallery/video)) which is mostly documentary style. We had hoped to be moving into the greater challenge of narrative movies very shortly. Feel like joining us and giving it a go? Remember "Living is Learning".

Arrange to meet us at our meetings which are every Tuesday at the U3A Office, Building 7, Princess Road, Claremont. Parking is no problem. meeting 12.00-03.00

### ACTORS WANTED

U3A Film, your very own dedicated group of movie makers is in a search for Actors to be in a short film called 'THE END'. The final movie length will be about 15 minutes and we believe that somewhere out there, in U3A land, there are members just secretly waiting to respond to this opportunity.

Your U3A movie makers will be controlling the technicalities, yes, that's what we enjoy doing ! Your acting experience may be minimal, what we desire is enthusiasm, remember 'Living is Learning'. One thing we would like to get is cast members who are of an appropriate age for the characters, so 55 year olds trying to be 6 years old will be a difficult fit. This may mean putting aside your claim to fame and showing your younger relatives this opportunity, who may not be members of U3A.

So these are the characters and approximate ages:

TERRY EREBUS	50yo	Protagonist (Main Character)
'HIP' EREBUS	40yo	Brother
SIMON CONWAY	3yo	
SIMON CONWAY	40yo	
GINA CONWAY	30yo	Mother to Simon
MEETING CHAIR	55yo	Female CEO
MEETING MEMBERS	Varied	
CAFÉ WAITPERSON	Not specific	

Over to you, contact Peter or Steve to show at this stage 'an expression of interest' as the jargon goes. We want to get a cast together but we are also on a recce for locations so this wont all happen overnight ! We will then explain an outline of the script so that you can decide if you want to continue.

More info about the film group please contact:

Peter Browne      0448 809 447 or  
mickiepbrowne@gmail.com

Peter Alcock      0421 770 444 or  
petara@iinet.net.au

Steve Thompson    0424 180 180 or  
stevet\_1@optusnet.com.au

## VALE

### Vera Harris 1924-2017

At Rockingham and Districts we were saddened to learn of the death of our long time member Vera Harris. As a member of our Region for close to 30 years, Vera was a quiet and generous spirit. A regular presence at our meetings right up until our celebration lunch in April, when she happily gave us an account of her experience of U3A. She will be greatly missed.

Diana Morgan

## SEMINAR—US AUSTRALIAN RELATIONS

On 25 May, members were treated to a wide perspective of the geopolitical relationships that tie the United States to Australia in our region. The address was presented by Professor Stephen Smith, Winthrop Professor of Law, UWA and former Minister for Foreign Affairs, Minister for Trade and Minister for Defence in the previous Federal Labor Government.

Professor Smith focussed his presentation in the context of Australia's position and history in the SE Asia/Pacific region. Because we have no land border with another nation, we have always demonstrated an outward focus in our relations with other nations. We have always maintained bilateral relations with the UK and the USA, and we have always been early to recognise and act on developments and shifts in power among the ASEAN nations.

Despite our small population, Australia has a large economy, variously ranking 13th, 14th, and 15th within the G20 nations and exerts a degree of influence well above our relative size.

Since the second world war, Australian has maintained a strong alliance with the US; however, that has not impeded us from cementing strong economic ties with other nations, especially with China. We are our own nation which maintains our own sovereignty and geopolitical independence.

With the decline (for us) in European economic influence over the last decade or two, both Australia and the US have strengthened their ties with the nations of the Pacific region. This is seen as a balancing of the influence of an emerging China within the region, but also a shift in the centre of gravity of the world economy to the Pacific region.

Much criticism has been levelled at both sides of politics in Australia about allowing investment by foreign nations (particularly China) in Australia. Stephen Smith countered this criticism with the reverse perspective. Over recent years Australian companies have vastly increased investment in Pacific Rim nations that far outweigh foreign investment in Australia; and, despite these new levels of influence, investment in Australia by the UK still far outweighs all other foreign investment.

Stephen forecast that the next nations in which Australian investment may occur will be Vietnam, Indonesia and India. One point he emphasised was that wherever Australia figures prominently in investment, that investment outweighs direct trade with those nations. This is particularly so for the US.

Stephen forecast a further shift in influence in the coming decades. Australia will become the fulcrum point for a shift in the centre of economic gravity to the Indo/African region. By 2050, China, India, Indonesia and Africa will become the powerhouses of the world. Western Australia will become pivotal in exerting Australia's influence in this region. Already, the African Union may invest up to \$22billion in WA and this could well be reciprocated. Military alliances may also be cemented in the development of an Indian Ocean Alliance consisting of India, Indonesia, Africa and Australia.

Where does all this leave our future relationship with the US? The Australian/US Alliance is independent of who the President of the US or the Prime Minister of Australia are. So Stephen sees no particular concern for the recent establishment of Donald Trump as President. Many of the key people in the new administration are already well known to Australia and they know Australia well. Hence, the robust inter-relationship we already enjoy with the US will continue.

Is Australia the lapdog of the US? No. Australia acts as its own sovereign nation, and will no doubt exert its own independence in future relations, with or without Donald Trump. Nonetheless, Donald Trump's Presidency will almost certainly involve some surprises with respect to his style of administration. His relationships with North Korea and China have already demonstrated hawkish behaviour.

One thing seems certain for us and other nations in the region — business as usual, but, expect the unexpected!

Lynette and Stuart Gibb

## LAST FAREWELL

*They found him hanging in  
his cell*

*a final futile cry for help  
such despair and humiliation  
experienced in his short life.*

*No father figure role model  
shepherding him on the  
right path*

*to show him how to be a  
man*

*instead of sniffing from a  
can.*

*Born in the aboriginal camp  
alienated from the town*

*no respect while growing up  
only filth and degradation.*

*Foetal alcohol syndrome  
obvious in infancy*

*parental guidance – there  
was none–*

*grandmother reared him as  
her son.*

*Ejected from the local pub  
being drunk and disorderly  
police cells his frequent  
abode*

*to sober up – warm and dry.*

*What future in store for this  
lad?*

*Anguish imprinted on his  
face*

*no suicide watch on his cell  
as he took his last farewell.*

*Meryl Manoy*

## WANNEROO WALKERS KEEPING AUSTRALIA BEAUTIFUL

Every Wednesday members of the U3A Wanneroo Walking group explore the picturesque surrounds of their local area and keep their community beautiful in the process.

Known as the Wanneroo Wednesday Walkers (WWW), the group was formed earlier this year by two active members, Constance O'Brien and Cheryl Cundall. Together, Constance and Cheryl plan each week's walking route and provide an annotated map at the meeting place on the day. Variety is the key and the walks can be long or short depending on the ability and inclination of the walkers.

Sharing a love of the outdoors, and appreciative of Wanneroo's unique parks and trails, the pair were disappointed to find that litter was often spoiling the natural environment.

"There are some really lovely places in Wanneroo and Joondalup, but they are often spoiled by all sorts of rubbish," Constance said. "We simply couldn't enjoy our walks and ignore the problem."

Inspired by a U3A talk from the Keep Australia Beautiful Network, the group decided to take action.

"Our walking group has taken on the responsibility of collecting litter in Keep Australia Beautiful (KAB) rubbish bags and disposing of what we pick up properly. This small act has added another benefit to our weekly walks. We were keeping fit and meeting new people and now we are making a difference to our environment too."

Keep Australia Beautiful outlined a range of initiatives at their presentation to U3A Wanneroo, including Adopt a Spot (which several U3A Wanneroo members have signed up for) and the ability to Dob in a Litterer. Registered KAB members can dob in litterers via phone or email and a fine will be issued. According to the campaigners, most people pay the fine!

**Photo:**

Members of the Wanneroo Wednesday Walkers (WWW) making a difference in their community.

From Left Cheryl Cundall, Constance O'Brien, Marilyn Collett and Curien Friesema

For more information contact Cheryl 9306 1621 or Constance 9206 4098



## CITY COURSES – FIRST SEMESTER 2017

Courses are run at locations in the Perth CBD, mainly in rooms at the State Library, Central Institute of Technology, or Cityplace Community Centre. General inquiries to Alan Mortimer, Course Coordinator on 9450 2398 or 0401 784 777

**All enrolment inquiries to the office on 6488 1857**

COURSES/DATES	TIME	PRESENTER/VENUE
<b>ART APPRECIATION</b> 2nd Weds 12 July - 13 September	1.00-2-00pm	<b>ROSEMARY GRIGG</b> Central Institute of Technology
<b>BOOSTING MOOD AND MIND—FOR SENIORS</b> 1st and 3rd Tues 7– 21 November	10.00 –11.30 am	<b>LISA BROWN</b> Cityplace Senior Citizens Centre
<b>ISREAL—ONE LAND TWO CLAIMS</b> 2nd and 4th Thurs 10 August—23 November	9.30—11.00am	<b>SHERY NOSAN-LANTZKE</b> State Library of WA
<b>PHILOSOPHY</b> 2nd and 4th Thurs 10 - 23 November	9.30 - 11.00am	<b>HANS HOETTE</b> State Library of WA
<b>FILM DISCUSSION</b> 1st Tues 1 August - 7 November	9.30 - 11.00am	<b>NICKY DAIR</b> State Library of WA
<b>LITERATURE</b> 1 Tues 1 August- 3 October 3 Tues 21 November	11.15am - 12.45pm	<b>HELEN BAKER</b> State Library of WA
<b>SCIENCE AND TECHNOLOGY DISCUSSION</b> 1st Tues 1 August - 7 November	11.15am - 12.45pm	<b>KEN MULLIN</b> State Library of WA
<b>WA AS A BRITISH COLONY</b> 3rd Tues 15 August - 21 November	11.15am - 12.45pm	<b>ANTHONY ALBORN</b> State Library of WA
<b>LECTURE SERIES</b> - a series of one off sessions on various subjects 1st and 3rd Tues 1 August to 21 November	1.30 - 3.00pm	<b>JOHN LEACH</b> Cityplace Senior Citizens Centre

## JOONDALUP REGION

**Email:** [u3ajoondalupregion@outlook.com](mailto:u3ajoondalupregion@outlook.com). **Contact person:** Kate McTavish - telephone 9401 9630

Meetings are held on the second and fourth Mondays, between 11.30 am and 3.00 pm, at the Rob Baddock Community Centre, Dampier Avenue, Kallaroo (opposite St Ives Retirement Village). Social BYO lunch and refreshment break between 12.30 – 1.00pm. A speaker follows at 1.15 pm. No meetings on Public Holidays.

Date	Time	Topic/Event	Presenter
10 July	11.30am	Special Interest group: Quizzes	Heather Harrison
	12.30pm	Lunch	Members
	1.15pm	Subject: Update on Climate change	John Happs
	2.15	Social Time	Members
17 July	1.15pm	Book club 1	Brenda Hugo
	1.15pm	Book Club 2	Janet Clark
	2.15pm	Social time	Book club Members & writers
24 July	11.30am	Discussion group: first 6 months of Donald Trump – revision	Terry Westmoreland
	12.30pm	Lunch	Members
	1.15pm	Subject: Cars I have owned and loved	Clive Paternoster
	2.15pm	Social time	Members
14 August	11.30am	Special Interest group: TBA	Win Tilbury
	12.30pm	Lunch	Members
	1.15pm	Speaker: Problems with Downsizing	Lisa ...
	2.15pm	Social time	members
21 August	1.15pm	Book club 1	Brenda Hugo
	1.15pm	Book club 2	Janet Clark
	1.15pm	Writers group	Patricia Lysons
	2.15pm	Social time	Book club members and writers
28 August	11.30am	Special Interest group Poetry of Banjo Patterson	Warwick Connor
	12.30pm	Lunch	Members
	1.15pm	1st Aid for Seniors with Practical Instruction.	St John Ambulance instructor
	3.00pm		Cost pp \$10.00
11 Sept.	11.30am	Special Interest group: Subject: Coal	Norman Harrison
	12.30pm	Lunch	Members
	1.15pm	Speaker: My life as a travelling nurse	Christine Norman
	2.15pm	Social time	Members
18 Sept.	1.15pm	Book Club 1	Brenda Hugo
	1.15pm	Book Club 2	Janet Clark
	1.15pm	Writers group	Patricia Lysons
	2.15pm	Social time	Book club members and writers
25 Sept.		Public Holiday – Queens Birthday	
9 October	11.30am	Special Interest group: Subject: TBA	Sol Bell
	12.30pm	Lunch	Members
	1.15pm	Subject: Across a big continent; from Adelaide to Cairns	Jenny Bevan
	2.15pm	Social Time	Members
16 October	1.15pm	Book club 1	Brenda Hugo
	1.15pm	Book club 2	Janet Clark
	1.15pm	Writers group	Patricia Lysons
	2.15pm	Social time	Members
23 October	11.30am	Discussion group Subject: TBA	Terry Westmorland
	12.30pm	Lunch	Members
	1.15pm	Speaker TBA	TBA
	2.15pm	Social Time	Members

**1<sup>st</sup> Book Club Facilitator.** Contact Brenda – telephone 0418 859 955.

**2<sup>nd</sup> Book Club Facilitator.** Contact Janet - telephone 9306 4494.

**Writers group Facilitator.** Contact Patricia – telephone 6262 4167

**Special Interest Groups and Discussion Group.** Contact Terry - telephone 9304 8426.

**Gardening Group.** Contact Norman - telephone 9304 0942

**Happy Wanderers.** Contact Els- telephone 0429 011 630

**Lunch at Currambine Grill & Bar** every 5<sup>th</sup> Monday. Contact Kate, telephone 9401 9630 by the previous Sunday evening.

## LESMURDIE REGION

We meet on the first and third Tuesday every month from 10.00 am to 12 noon, at Falls Farm, Cagney Way, Lesmurdie. Enquiries to Heidi Pember on 9453 9813 or email heidipemb@gmail.com.

Date	Topic/Event	Presenter
01/08/17	Spanish Dance	Tessa Boyer
15/08/17	Oil – Weapon of War	David Urquart
22/08/17	Coffee Club, Venue to be advised	Members
29/08/17	Outing – Wildflower Drive	Members
05/09/17	Frogs around Perth	Julie Robert
19/09/17	Western Australian Navy	Roy Stall
26/09/17	Coffee Club, Venue to be advised	Members
03/10/17	Evolution of the Kalamunda Bus Service and the Impact on the Growth of Kalamunda	Pat Hallahan
17/10/17	Joseph and Enid Lyons, Prime Minister during the Depression Years and his Wife Enid, the First Woman elected to the House of Representatives.	Peter Flanigan
24/10/17	Coffee Club, Venue to be advised	Members
31/10/17	Outing – Tour of the Swan Valley	Anthony Alborn

## MID-NORTH REGION

Mid-North members meet on alternate Mondays at Church of Christ Community Centre at 68 Waverley Street, Dianella (opposite Centro Dianella)

Aug 7	12 pm	Benjamin Franklin – the man on the USA \$100 note	David Twohig
	1.45 pm	Sailing a Yacht Across the Top End from Darwin to Brisbane	Nigel Ridgway
August 21	12 pm	Mid 60's in New Guinea	Marie Manton
	1.45 pm	Money – From Barter to Bitcoin	Peter Flanigan
September 4	12 pm	A Letter of Complaint	Brenda Stubbs
	1.45 pm	USA China Trip 2016- some sites, -sights and insights	Peter Alcock
September 18	12 pm	A Musical Journey	Gwenda Chambers
	1.45 pm	The West Australian Navy	Roy Stall
October 2	12 pm	America	Margaret Summers
	1.45 pm	Fixing the Bushfire Crisis in Western Australia	Roger Underwood
October 16 <sup>t</sup>	12 pm	Aboriginal Culture	Merv Hill
	1.45 pm	Radio Lollipop	Melissa Dawes
October 30 <sup>t</sup>	12 pm	Judy Cassab Painter	Leila Cue
	1.45 pm	TBA	

### Music Group

Meets fortnightly on Tuesdays from 1.15 – 3.15pm at Dianella Community meeting rooms, 18 Kerry Street, Dianella (alternate week to Mid-North meetings). Contact Ann 9444 7782

### Film Club

Meets on alternate Monday mornings to view a recently released film – coffee afterwards. Contact Carol 9370 5692

### Discussion Group

Meets monthly on a Tuesday for coffee/chat 10am, upstairs Myer Morley, at coffee shop.

Contact Margaret 9276 3081

### Excursions

Will be discussed at meetings or contact Marolyn 9375-1017 for further details.

## NORTH COAST (HAMERSLEY ) REGION

Meetings are held every Friday at the Stirling Leisure Centre Hamersley, Cnr Belvedere Road and Lampard Street Hamersley. Contact Terry on 0401358026 for further information.

The Walking Group meets at the Stirling Leisure Centre Hamersley each Friday and other times at various locations. Contact Nina on 93095560 or email [nbronks@bigpond.com](mailto:nbronks@bigpond.com) for details.

Check the Website [www.u3auwa.org](http://www.u3auwa.org) for changes. On the fifth Friday of a month outings are arranged and details announced at the regular meetings.

4 Aug	11.30am	Music Appreciation – The Legends	Terry Harvey
	12.30pm	Walking Group	Nina
	1.15pm	The creation of the Anzac Centre Albany	Stephen Anstey
11 Aug	11.30am	Book Club	Anka
	12.30pm	Walking Group	Nina
	1.15pm	Prejudice and Pride	Yvonne Crichton
18 Aug	11.30am	Committee Meeting	
	11.30am	Psychology, Philosophy and Ethics	Barry Lake
	12.30pm	Walking Group	Nina
25 Aug	1.15pm	Dutch Artists in WA	Dr Nien Schwarz
	11.30am	Poetry Group	John Buxallen
	12.30pm	Walking Group	Nina
1 Sept	1.15pm	Von Mucke and the Schooner Ayesha	Nigel Ridgway
	11.30am	Music Appreciation - Traditional Jazz	Nigel/Dixie King
	12.30pm	Walking Group	Nina
8 Sept	1.15pm	Oil a Weapon of War	David Urquart
	11.30am	Book Club	Anka
	12.30pm	Walking Group	Nina
15 Sept	1.15pm	Henry Ford-Industrialist/ Pacifist/ Anti-Semite	Terry Harvey
	11.30am	Committee Meeting	
	11.30am	Psychology, Philosophy and Ethics	Barry Lake
22Sept	12.30pm	Walking Group	Nina
	1.15pm	Dementia Aware	Alzheimer's WA
	11.30am	Poetry Group	John Buxallen
29 Sept	12.30pm	Walking Group	Nina
	1.15pm	Australia Beyond 2020	Brian Greedy
	11.30am	Outing – Mandoon Winery, Swan Valley	Janet McKenzie
6 October	11.30am	Music Appreciation - Concert of Europe	Anka Babich
	12.30pmk	Walking Group	Nina
	1.15pm	Red Centre/Kununurra/Devils Marbles etc	Jenny Bevan
13 Oct	11.30am	Book Club	Anka
	12.30pm	Walking Group	Nina
	1.15pm	The Two Norfolk's	Pauline Yarwood
20 Oct	11.30am	Committee meeting	
	11.30am	Psychology, Philosophy and Ethics	Barry Lake
	12.30pm	Walking Group	Nina
27 Oct	1.15pm	History of Heritage	Richard Offen
	11.30am	Poetry Group	John Buxallen

### **DEADLINE FOR THE NEXT ISSUE 30 SEPTEMBER 2017**

Please provide programs for your region and articles for Inform in word format or directly typed into an email—NO ITEMS FORMATED IN TABLES THANK YOU.

Copy to [jdbeer@iinet.net.au](mailto:jdbeer@iinet.net.au)

Enquiries to Denise 9279 2862



## ROCKINGHAM & DISTRICTS REGION

Main meetings are held at Masonic Hall, Wanliss Street, Rockingham, first and third Fridays commencing at 1.30pm. For Group Studies meetings contact the Group leaders as listed below. (ML indicates Murdoch Library is the venue.) Inquiries to Valerie on 9527 2911.

4 Aug	1.30pm	Frogs	Eric McCrum
18 Aug	1.30pm	In 1775, the Americans Were Revolting.....	John Macdonald
1 Sept	1.30pm	Healthy Soils for Sustainable Food Production	Andy Whiteley
15 Sept	1.30pm	Himalayas from Kathmandu to Lhasa	Jenny Bevan
6 Oct	1.30pm	Kimberley Explorers	Hamish McGlashan
20 Oct	1.30pm	Henry Sutton – Almost Forgotten Grandfather of Australian Science	Christine Norman

### Group Studies Meetings

2 <sup>nd</sup> Mon	Aug, Sept, Oct	10am	WA History (ML)	Ann	9592 7386
3 <sup>rd</sup> Mon	Aug, Sept, Oct	2pm	Poetry/Play Reading (ML)	Diana	9593 2313
1 <sup>st</sup> /3 <sup>rd</sup> Tues	Aug, Sept, Oct	2pm	Mahjong	Frances	9527 2920
2 <sup>nd</sup> Tues	Aug, Sept, Oct	times vary	Cinema Visit	Liz	9527 9471
3 <sup>rd</sup> Tues	Aug, Oct	2pm	Book Club 1	Gary	9550 4920
1 <sup>st</sup> /3 <sup>rd</sup> Wed	Aug, Sept, Oct	10am	Open Learning	Liz	9527 9471
4 <sup>th</sup> Thurs	Aug, Sept, Oct	1.30pm	Scrabble Group	Wendy	9527 1560
2 <sup>nd</sup> Fri	Aug, Sept, Oct	10am	Coffee Group	Wendy	9527 1560
4 <sup>th</sup> Fri	Aug, Sept, Oct	12noon	Lunch Group	Colleen	0423393183

### EDITORIAL

Welcome to the third edition of Inform under my Editorship. It has not been without its difficulties as I come to terms with the enormity of the task I have taken on.

I am a fairly newcomer to U3A (UWA) and have been on a huge learning curve since becoming Editor, but isn't that what U3A is all about.

I am pleased to have received some creative works in the form of poems and an anecdote in this edition. I look forward to receiving more in the future. I am thinking about a life story section.

You will note subtle changes each edition as I fine tune the layout I hope to achieve.

Thank you to all the contributors, be you creative writers, puzzle makers, group leaders, regional coordinators for your programs and reports on your activities. There would be no magazine without you.

Could I ask if you could also provide a telephone number when sending in your contributions as from time to time I have needed to contact people and it makes it easier if the number is right there with the article.

**Denise Beer Editor Inform**  
**[jdbeer@iinet.net.au](mailto:jdbeer@iinet.net.au) 9279 2862**

### RECYCLED SPECTACLES

Following a talk last year by a representative from the Lions Eye Institute, South West Metro Region members have been collecting used spectacles and donating them to a local Lions Club.

These spectacles are then mailed to Queensland where they are inspected, graded and re-purposed. They are sent to developing countries for distribution by Lions & Rotary Clubs and other humanitarian groups.

People are given suitable spectacles free of charge. Being able to utilise appropriate spectacles can mean that recipients can see well enough to earn a living or to study. Over 100 pairs of spectacles were recently collected from U3A members and have been forwarded to the recycling centre. Thank you all for your assistance.

Janet Carr



## SOUTH EAST METRO REGION

Meetings on the first and third Fridays at St Augustine's Church Hall, Corner Park and Cale Streets, Como

Aug 3 Thurs	11am	Perth Concert Hall	Simone Young Celebrates 20 years with WASO: "One of Australia's greatest Conductors celebrates with a joyous Concert"	Margaret 9457 3480 Booking at SE Metro Region 4 weeks prior July 7 Meeting
Aug 4	9.40am 2pm	Pre-Concert Talk Peter Airey	Conducted Tour of Heath Ledger State Theatre - by the Design Engineer	Diane 9315 1113
Aug 17 Thurs	11am	Perth Concert Hall	Asher Fisch Conducts Schubert's Symphony No 9 "The Great"	Margaret 9457 3480 Booking at SE Metro Region 5 weeks prior July 7 Meeting
Aug 18	9.40am 2pm	Pre-Concert Talk Mary & Bea	Annual Quiz	Mary 9457 9334
Sep 1	2pm	Villa Carlotta	Tourism for Public Enjoyment	Norman 9367 5904
Sep 15	2pm	Richard Offen	Perth's Heritage – Incorporation into the Modern City	Norman 9367 5904
Oct 6	2pm	Dr Greg Dear	Forensic Psychology – Part 2 ex 2016	Norman 9367 5904
Oct 12 Thurs	11am	Perth Concert Hall	Douglas Boyd Conducts Vaughan Williams' Symphony No 5 and Li-Wei Qin plays Saint Sans	Margaret 9457 3480 Booking at SE Metro Region 5 weeks prior Sep 15 Meeting
Oct 20	9.40am 2pm	Pre-Concert Talk Rose Burton	Arthritis and Osteoporosis Foundation	Bunty 6162 1966

### These groups meet at McDougall House, Clydesdale Street, Como

1 <sup>st</sup> Mon	1.30	Current Affairs	Maureen 9350 5992
3 <sup>rd</sup> Mon	2pm	Philosophy Goes to the Movies	Julia 9472 3015
4 <sup>th</sup> Mon	2pm	Play Reading	Alan 9450 2398
<u>This group meets at Member's home</u>			
4 <sup>th</sup> Sat	2pm	Book Club	Maureen 9350 5992

## INFORMATION SESSION – SOUTH WEST METRO

Our region has been delighted to welcome a number of new members recently as well as receive enquiries from several prospective members. On 31 May we held an information session/morning tea at which time twenty-one guests heard from Valerie Buckley, President U3A UWA, Anne Ramshaw, Chairperson SW Metro Region, and Rhys Gray, who gave a brief history of U3A.

Each group leader was given one minute to speak about their group. Whilst enjoying refreshments, new members and visitors were encouraged to chat further to the group leaders and committee members. We are looking forward to these new members joining in our various activities.

**Photo:** Valerie Buckley, President U3A UWA addressing our guests



## SOUTH WEST METRO REGION

### MONDAYS

**Women's coffee club**  
3<sup>rd</sup> Mondays at 10.30am at  
**Looking at books**  
4<sup>th</sup> Mondays at 9.50am.

Judy 0427 409 791 [micam2@bigpond.com](mailto:micam2@bigpond.com)  
David Jones Cafe, Garden City.  
Ann 9457 1879 [annfehervary@gmail.com](mailto:annfehervary@gmail.com)  
Members take turns to host the meeting in their home.

### TUESDAYS

**Mahjong on Tuesdays**  
Tuesdays weekly at 12.45pm  
**Going to the movies**  
1<sup>st</sup> Tuesdays around noon  
**Writing Life Stories 1**  
1<sup>st</sup> & 3<sup>rd</sup> Tuesdays at 9.30am  
**Reading 21<sup>st</sup> century literature**  
2<sup>nd</sup> Tuesdays at 10am  
**Poetry**  
3<sup>rd</sup> Tuesdays at 1.30pm  
**Men's coffee club**  
4<sup>th</sup> Tuesdays at 10.30am.

Lawrie 0417967755 [lawriecarr@iinet.net.au](mailto:lawriecarr@iinet.net.au)  
Kadidjiny Park Hall  
James 9272 4929 [micam2@bigpond.com](mailto:micam2@bigpond.com)  
Luna SX Fremantle and afterwards in a cafe.  
Gaye 9313 8308 [matthews36@iprimus.com.au](mailto:matthews36@iprimus.com.au)  
Miller Bakehouse.  
Ann 9457 1879 [annfehervary@gmail.com](mailto:annfehervary@gmail.com)  
Miller Bakehouse  
Daphne 9364 3583 [dapyke08@optusnet.com.au](mailto:dapyke08@optusnet.com.au)  
Miller Bakehouse. .  
Kesi 9316 0359 [kesi.kesavan@gmail.com](mailto:kesi.kesavan@gmail.com)  
David Jones, Garden City

### WEDNESDAYS

**Learn to play the ukulele**  
Wednesdays weekly at 1pm  
**Current affairs forum**  
1<sup>st</sup> Wednesdays at 9.30am  
**History** – Phyl 9364 3604  
2<sup>nd</sup> Wednesdays at 9.30am  
**Writing Life Stories 2**  
2<sup>nd</sup> Wednesday at 9.45am  
**Music appreciation**  
3<sup>rd</sup> Wednesdays at 9.30am  
**World happenings**  
3<sup>rd</sup> Wednesdays at 9.30am  
**Games**  
4<sup>th</sup> Wednesdays at 9.30am  
**Writing for pleasure**  
4<sup>th</sup> Wednesdays at 9.30am

Erin 0416 100 146 [erincwhitfield@hotmail.com](mailto:erincwhitfield@hotmail.com)  
Miller Bakehouse  
Ian Kidd 9329 9058 [jkidd654@gmail.com](mailto:jkidd654@gmail.com)  
Miller Bakehouse  
[dphyl1@iinet.net.au](mailto:dphyl1@iinet.net.au)  
Kadidjiny Park Hall  
Leo 0417923770 [lschaper@iinet.net.au](mailto:lschaper@iinet.net.au)  
Miller Bakehouse.  
Louise 9330 2630 [ernestturpin1011@bigpond.com](mailto:ernestturpin1011@bigpond.com)  
Miller Bakehouse.  
Judy 0427 409 791 [micam2@bigpond.com](mailto:micam2@bigpond.com)  
Kadidjiny Park Hall.  
Alice 9364 9511 [aarts@iinet.net.au](mailto:aarts@iinet.net.au)  
Kadidjiny Park Hall. .  
Daphne 9364 3583 [dapyke08@optusnet.com.au](mailto:dapyke08@optusnet.com.au) & Angela 9330 1674  
Miller Bakehouse.

### THURSDAYS

**Spanish for beginners**  
Thursdays weekly at 9.30am

James/Judy 9272 4929 [micam2@bigpond.com](mailto:micam2@bigpond.com)  
Miller Bakehouse.

### FRIDAYS

**Mahjong on Fridays**  
Fridays weekly at 9.15am  
**Italian for beginners**  
Fridays weekly at 9.30am  
**Melville lecture**  
3<sup>rd</sup> Fridays at 2pm

Beryl 9498 2440 [beryl.varney@bigpond.com](mailto:beryl.varney@bigpond.com)  
Kadidjiny Park Hall  
Norm 9417 4546 [norm6ryder@bigpond.com](mailto:norm6ryder@bigpond.com)  
Miller Bakehouse  
James 9272 4929 [micam2@bigpond.com](mailto:micam2@bigpond.com)  
Melville Recreation Centre (Apollo Room)

This is a public lecture with interesting speakers. Visitors are welcome to attend so why not bring a friend along – it's a good way to introduce them to U3A.

Members are looking forward to the annual Spring lunch to be held on Wednesday 30 August.

### VENUES - SOUTH WEST METRO REGION

Miller Bakehouse Museum, 7 Baal Street, Palmyra  
Kadidjiny Park Hall, 72 Kitchener Road, Melville  
Luna SX is on Essex Street, Fremantle  
David Jones cafe is on the 1<sup>st</sup> floor at DJ's Garden City Shopping Centre.

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Enquiries to Denise 9279 2862

## SWAN HILLS REGION

Meets at 1.30 pm on Fridays at North Metropolitan TAFE - Midland Campus (formerly Polytechnic West), Eddie Barron Drive off Lloyd Street, Midland, in Lecture Theatre Block 'D' behind the Administration Block 'A'.

Contact person: Maxine Wood: Phone 9250 6292 (email: [vicmax@icenet.com.au](mailto:vicmax@icenet.com.au)).

4 August	Overview of Arthritis; Ways to Self-Manage it.	Paul Forrestal, Arthritis & Osteoporosis WA
11 August	Tom Curtin & Father Woods	Tony & Corry Donovan
18 August	Historical Faction – Tales from WA's Past	Linda Moore
25 August	Bone Donation	Anne Cowie, PlusLife Perth Bone & Tissue Bank
1 September	Endurance	Brian Loader
8 September	Overview of Osteoporosis, Ways to Self-Manage It.	Mrs Anita Clayton, Arthritis & Osteoporosis WA
15 September	Aspects of the Timber Industry in the South-West	Tony Harding
22 September	Music Afternoon and Afternoon Tea	Swan Hills Members
	<i>Note: No programme at Midland today</i>	
29 September	Stand and Deliver!	Faith Withnell
6 October	Corsets and Conception in the 19 <sup>th</sup> Century	Mel Davis
13 October	Remembering Meckering	Swan Hills Members
20 October	Show and Tell – 'Vintage'	Swan Hills Members
27 October	National Broadband Network	Rachael McIntyre

Also:

Morning Coffee Group:	3 <sup>rd</sup> Wednesday
Social Lunches:	5 <sup>th</sup> Wednesday
Craft Group:	3 <sup>rd</sup> Tuesday
Computer/Genealogy Group	4 <sup>th</sup> Tuesday

(For times and venues for these events please check with our Contact Person or Secretary)

## WANNEROO REGION

Meets at 1pm on the second and last Thursday of each month (excluding December) at the Wanneroo Recreation Centre 275 Scenic Drive, Wanneroo.

Inquiries to Ann and Dave on 9206 1550.

On the last Thursday of each month a Petanque Session will be held from 11am to 12 noon, preceding the 1pm meeting at the above centre. Bring your own lunch. A fee of \$3 will include tea / coffee with your lunch at 12 noon, the afternoon speaker, plus afternoon tea. Tuition and boules will be provided. Bring your own if you have them.

Inquiries to Constance on 9206 4098.

Book Club meets at 1pm on the first Tuesday of each month (excluding December) at the Wanneroo Library, 3 Rocca Way, Wanneroo.

Inquiries to Stephanie on 0429 133 891.

The NEW walking group WANNEROO WEDNESDAY WALKERS operates every Wednesday morning. The morning meeting place, walking trail and starting time may vary from week to week, so please contact Cheryl: 9306 1621 or Constance: 9206 4098 for details of each walk.

<b>Date</b>	<b>Time</b>	<b>Location</b>	<b>Event</b>	<b>Presenter</b>
August 2017				
Tues 1	1:00pm	Wanneroo Library	Book Club	Stephanie
Thurs 10	1:00pm	Wanneroo Recreation Centre	Lions Save Sight Foundation	Ambrose Depiazzi
Thurs 31	11:00am	Wanneroo Recreation Centre	Petanque / Lunch	Constance
Thurs 31	1:00pm	Wanneroo Recreation Centre	Oil - A Weapon of War	David Urquhart
September 2017				
Tues 5	1:00pm	Wanneroo Library	Book Club	Stephanie
Thurs 14	1:00pm	Wanneroo Recreation Centre	Read Write Now - Adult Literacy	Marcia Barclay
Thurs 28	11:00am	Wanneroo Recreation Centre	Petanque / Lunch	Constance
Thurs 28	1:00pm	Wanneroo Recreation Centre	Plays & Playwrights - Shakespeare To Shaw	Peter Flanigan
October 2017				
Tues 3	1:00pm	Wanneroo Library	Book Club	Stephanie
Thurs 12	1:00pm	Wanneroo Recreation Centre	Egypt & Geology	Jenny Bevan
Thurs 26	11:00am	Wanneroo Recreation Centre	Petanque / Lunch	Constance
Thurs 26	1:00pm	Wanneroo Recreation Centre	Fireballs In The Sky - Desert Fireball Network	Morgan Cox (Curtin Uni)

## WESTERN SUBURBS REGION

Meets on alternate Mondays from Mon 7 August 2017 (but not on Public Holidays) from 1 pm to 4 pm in the Community Room of the Grove Library (corner of Stirling Highway and Leake Street, Peppermint Grove).

DATE		Speaker	Title of Talk
Mon 7 August	1pm	JORGE ROSHTROV	FRACKING. Energy needs. Developments, current situation, benefits and dangers, and what we are not being told.
Mon 7 August	2.30	DIANE POPE and ANTHEA HARRIS	"Gumnuts, Gold and Gossip"- a tale of May Gibbs
Mon 21 August	1pm	DAVID AGOSTINO AM	The 100 Years War - England & France
Mon 21 August	2.30	BRIAN POPE	Early airmail in WA
Mon 4 September	1 pm	Dr PETER GRAHAM	Childhood memories of Cottesloe seventy years ago
Mon 4 September	2.30	LORRAINE SMITH	A Lost and Found Manuscript
Mon 18 September	1pm	JUDITH AMEY	The Men in the Window in Claremont
Mon 18 September	2.30	RAE WEBB (Public Trustee's Office)	Getting Your Affairs in order - Deceased estate administration, probate, wills, Powers of Attorney and Guardianship, and Advanced Health Directives.
Mon 2 October	1pm	ERNEST TURPIN	Artists in Residence programs. Artwork as a vital indigenous educational tool in remote areas over ten years.
Mon 2 October	2.30	Prof DAVID TUNLEY	"Alfredo Campoli - The Bel Canto Violin"
Mon 16 October	1pm	GABOR BEDO	The Great Victorian Desert
Mon 16 October	2.30	JULIAN DONALDSON (CEO National Trust WA)	The Role and Ambitions of the National Trust of WA
Mon 30 October	1pm	DON McDONALD	The Romanovs - An overview of the Russian Imperial Family
Mon 30 October	2.30	BRUCE WICKSTEED	Reflections from the Australian Medical Assistance Team in the Philippines after the big typhoon in 2015

CINEMA GROUP meets monthly by arrangement. Contact Sue 0403 307 350

FORUM GROUP meets on alternate Mondays from 14 August in café in Grove Library. Contact Vlasta 6180 6103

MOTO Group meets by arrangement.. Contact Joy 0419 172 777

SPANISH CONVERSATION GROUP (Advanced) meets on first and third Thursdays at Drabble House, Nedlands. Contact Jean 9284 1731

### WESTERN SUBURBS BRAIN GAME

For eight successive Thursdays beginning in May, a group of U3A (UWA) Western Suburbs Region members have been meeting to extend the usefulness of their grey matter by playing a series of "Brain Games" The idea of "Brain Games" came from a U3A group in NSW who prepared a booklet giving ideas of how to exercise the brain which research has shown plays an important part in warding off dementia and Alzheimer's' Disease.



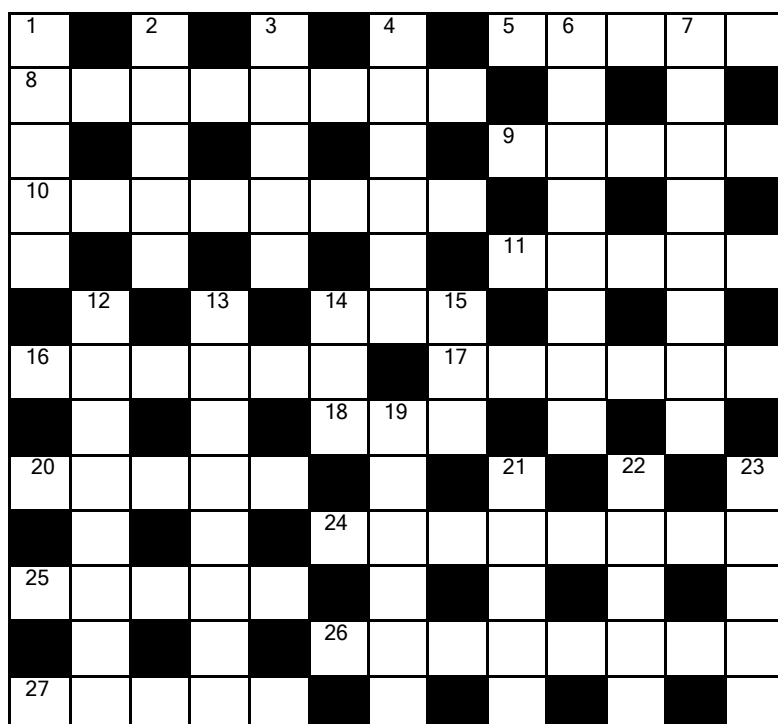
One member offered to be the initial facilitator but after about three weeks two other members had volunteered to organize the 2-hour meeting for the next week or two. To date, "Brain Games" sessions have mainly taken the form of word and number puzzles of various descriptions including sudoku, simple crosswords and also cryptic crosswords. Trivia questions will also be featured. One member of the group initially greeted the news of learning to do cryptic crosswords with something like horror saying that she had been married to a cryptic crossword expert for thirty-five years but had never had the slightest inclination to learn to solve them herself. However, after not very long, and with experts at hand to explain the various types of clues, she began to see that cryptic crosswords could be quite fun and also a challenge. Two of the group have been doing crosswords and other puzzles for years and soon proved to be very talented in solving these quickly but were also able to give gentle hints to others who were struggling in unfamiliar territory. The sessions are NOT competitive – we only strive to better our own results.

It is believed that U3A (UWA) Western Suburbs Region is the first region to set up a "Brain Games" course in W.A. There was some surprise that more participants did not initially enrol to join but it is hoped that with a little more publicity, others will see the benefit and, hopefully, another eight-week course can be organized. To be quite honest, fully half the fun of the afternoon is the social aspect of all trying together and laughing at our own ignorance.

**Photo:** Laurie Taylor, Helen Brown, Joy Hill, Roy Stall and Judith Amey.

## FUN AND GAMES

### CRYPTIC CROSSWORD No.127 by Sonia Kellett



**Across:**

5. Finding that nine out of ten is quite frequent (5)
8. Is the lady a man in this Asian city? (8)
9. At the beginning blast the zit (5)
10. After rib left side damaged the result was dreadful (8)
11. Mostly rubbish so don't fight over such a small thing (5)
14. Where Jim can usually be found, I'm told (3)
16. Is New York at the heart of a deep place part of a con? (6)
17. Make light of the rearranged topics (6)
18. You know this card game (3)
20. A cut ear can become a serious injury (5)
24. Love the wind speed in the city (8)
25. Is your heart burning with desire? (5)
26. A pure sale can become such a joy (8)
27. Turn the table on those who complain (5)

**Down:**

1. Hit hard using tomes perhaps (5)
2. I ruin this clue possibly by being hard on it (5)
3. He's usually found in the kitchen or garden (5)
4. Betting on I can somehow play a right return (6)
6. Life in the city is something of a joy for her (8)
7. Captivate the audience on one's appearance (8)
12. Flighty even when grounded (8)
13. She is earthy uncontrollably but given to uncontrollable emotion (8)
14. Use a gun for this animal? (3)
15. A low noise (3)
19. Aggravate sharply (6)
21. Old Italian looking for romance possibly in a manor? (5)
22. An opus I compose is for spiritual reasons (5)
23. These sorts can be a pest at the beginning of the year (5)

**Solution to Cryptic Crossword No126:**

**Across:** 1. Propaganda 7. Rood 8. Flawless  
 10. Cashew 11. Ascot 12. Unbowed 15.  
 Dissect 17. Arrow 20. Cavern 21. Dockyard  
 22. Herd 23. Salutation. **Down:** 2. Relays 3.  
 Gleam 4. Nascent 5. Aristocracy 6. Cohere  
 9. Widows weeds 13. Dew 14. Scandal 16.  
 Images 18. Overdo 19. Facet.

### Robbing the Hoods

**I**f all the world was mine my dears I'd give it all for free  
 to those who had a need of it and lacked necessity;  
 And never count the cost of it or ever want to see  
 the what, or when, or why of it, too much complexity.  
 I'd count the nations G.N.P. in the amount of smiles  
 hat stretched around the world and back  
 for miles and miles and miles.

Jean Sayer



## ROCKINGHAM CELEBRATES 30 YEARS



On 21st April Rockingham and Districts U3A celebrated our 30th Anniversary. We held a lunch in the Masonic Hall in Rockingham which was attended by 46 of our 60 members.

We were delighted to have Gary and Olga Congdon and Vera Harris present as they have been members from the early days. Gary proposed the birthday toast and Vera cut the birthday cake. There was much chatter and laughter as members reminisced and enjoyed each others company.



The afternoon was concluded with an interesting and entertaining talk by our own long standing member (Bishop) Hamish Jamieson.

The photos are of Vera Harris cutting the cake and members enjoying the lunch.  
Colleen Hardie Chairman Rockingham U3A



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