

# INFORM

The Official Magazine of U3A (UWA) Inc.  
Issue 128 November 2017 - February 2018

THE UNIVERSITY OF THE THIRD AGE



PERTH - WESTERN AUSTRALIA

**PATRON: Emeritus Professor Alan Robson AO, CitWA**

## U3A (UWA) OFFICE

The U3A (UWA) Office is open for business on Mondays, Wednesdays, and Fridays, 9am to 12 noon.

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## NOVEMBER LECTURE SERIES



Dr Stephano Carboni is the Director of The Art Gallery of Western Australia. He is also an Adjunct Professor at the University of Western Australia. An expert on Islamic Art Dr Carboni studied at the University of Venice and wrote his Ph.D. in Islamic Art at the University Of London. He was in New York at the Department of Islamic at New York's Metropolitan Museum of Art prior to coming to WA in 2008. Dr Carboni is choosing his own subject for the U3A presentation on November 26 2017 after a sojourn in the US which may well include international Art trends. As an energetic speaker he will expand our knowledge and understanding of Art in 2017.

A gold coin donation has been introduced to defray venue costs.

## U3A (UWA) COUNCIL CONTACTS

**President:** Valerie Buckley (9527 2911)

**Deputy President:** Catherine Baxter (9250 4449)

**Hon Treasurer:** Jean Duff (9342 0764)

**General Secretary:** Christine Oliver (0402 308 044)

**Membership Secretary:** Contact U3A (UWA) Office (6488 1857)

**Inform Editor:** Denise Beer (9279 2862)

**Website Editor:** Ron Mitchell (0439 919670)

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## Your Local U3A (UWA)

### Region Contacts:

Joondalup	9401 9630
Lesmurdie Hills	9453 1436
Mid-North	9276 9670
North Coast (Hamersley)	9409 1412
Rockingham & Districts	9593 9852
South East Metro	9450 2398
South West Metro	0419 919 993
Swan Hills	9250 6292
Wanneroo	9206 1550
Western Suburbs	0405 952 606

See pages 8 to 13 for information on Regional Meetings/Groups

## PRESIDENTS REPORT

The final edition of the year brings with it reminders that Regional AGMs will take place in December and the U3A (UWA) Inc. AGM in April. Many clubs will be looking for new people to fill committee positions. Put your hand up!

Committees work well – the tasks are shared; the mix of new and experienced members ensures support; shared knowledge means no-one need be overwhelmed. It is a great way to be involved, have your say and learn about the inner workings of the organisation. Committees are required to meet four times a year! We still rely heavily on volunteers in the Office. They are dwindling in number so if you have some time, do consider joining that group.

Subs are now due, please read the relevant section in this issue to discover your options for continued membership or for people joining for the first time. One option is to do what you have always done so don't be put off!

Your Council has worked diligently this year to bring you The City Courses, the hugely successful Seminar, the Lecture Series and The Rhythm Katz Concert. There have also been some wonderful events in the Regions. Check out the programs, there will be something there for you!

The one big event still to come is the Final of the Lecture Series – Stefano Carboni, Director of the West Australian Art Gallery will speak at the State Library Theatre on Sunday, November 26<sup>th</sup>. We thank Jennie Cox for organising this event.

You will soon be asked to review the Rules of the Association so a finished document can be voted on at the 2018 AGM. This is a legal requirement and is there to provide guidelines for running clubs and protect members.

Continue to support and enjoy what your club has to offer and encourage others to read Inform on line.

Wishing all members a joyful Christmas and holiday season.

Valerie Buckley  
President, U3A (UWA) Inc.

## U3A(UWA) GOES ON LINE

By the time this goes to print we should be on line! What does this mean to our members?

The first impact will be that the fees for 2018 will be paid on line. After a lot of discussion the preferred payment method is by bank transfer straight into U3A's bank account from the member's account. There is no requirement for credit card payments.

There will still be options for those members who do not have computer access. These will be explained when they are fully developed.

The second impact will be enrolment and payment for City Courses in 2018 and of course the Seminar.

These changes will require some training and coordination of Regions Committees and this will be undertaken as the year goes on. Future committee members for 2018 need to be considered so they can be included in the training.

But why the change? "if it ain't broke don't fix it!"

Well, the problem is it was broke and getting worse. The workload involved in processing City Course enrolments in a timely manner, together with the ever increasing difficulty of recruiting volunteers for the office to carry out the work involved, became an unfair burden on the small number of people available. Remember that these are unpaid volunteers.

The system chosen is Run-a-Club developed by Laurie Taylor, a member with Western Suburbs. The high degree of automation in the system will considerably reduce the effort required from office volunteers.

The processing of, and access to, City Course information and enrolments will be greatly facilitated by the on line system. In addition the preparation of accounts and reporting to Department of Commerce and Australian Charities and Not for Profit Commission (ACNC) will be greatly facilitated.

Member's data is encrypted which protects the information from hackers, and of course U3A(UWA) undertakes in its privacy statement to protect member's data and not use it for any commercial purpose.

We look forward to your cooperation and participation in the great digital future!

Gary Triffitt  
Chairman  
On Line Management Committee

## VALE Salamah Pope

Salamah was born in the UK, educated in USA, and has also lived in NZ, but perhaps the country which most shaped her life was Indonesia, where she lived for twenty-eight years and raised a family. She had a deep interest in spirituality and the Islamic culture of the country, and adopted the name Salamah. On 17 July 2014, after she had retired to Perth, she gave a lecture entitled *Beyond Bali. Indonesia - Our Nearest Neighbour* at the U3A Seminar. Her message was that Indonesia had much more to offer than the somewhat superficial joys sought by Bali holidaymakers. Her talk was illustrated with slides of temples and she spoke of the spiritual background of everyday life in Indonesia.

Salamah was an anthropologist and had held the position of Director of The Centre for Futures Studies at the National University in South Jakarta before she retired to WA. In the 1980s she began to worship with the Society of Friends, and joked what a mixed-up person she was - a Muslim worshipping with the Quakers and with a surname of Pope!

Writing was a major interest of Salamah. She had published newspaper and magazine articles, mostly in Indonesia, and two books: *Antidote: experience of a Spiritual Energy* (ed.), and *The Pattern of the World: Re-Envisioning Everything (Including Us) Holistically*. In her retirement in WA she joined our U3A/SWM *Writing for Pleasure* group and her contributions were always original, always carefully analysed, and greatly enjoyed by our members. One of her articles is printed in the booklet *A collection of Stories and Poems from SWM Members* which was produced by our group in 2013.

Daphne Pyke

## RHYTHM KATZ CONCERT

U3A members and friends attend the Wesley UCIC hall for an afternoon of foot tapping performance of 'Golden Oldies' performed by Nigel Ridgway, Rod Christian, Robbie Jones and Greg Clarke who made up the original Rhythm Katz. The audience size at 70 was a little disappointing given that we have nearly 1000 members

The concert included afternoon tea which was enjoyed to the full! A big thanks to those that helped.



**THE RHYTHM KATZ**

The gig included rock'n'roll, swing, Latin, country and blues – all very nostalgic. The hall has excellent acoustics and commercial grade kitchen which was a bit daunting and had a few mysteries!

Gary Triffitt  
Chairman Publicity Committee



**SECTION OF THE CROWD ENJOYING THE RHYTHM KATZ CONCERT**

## OUR CONSTITUTION IS GETTING UPDATED

During the last 15 months a review of our constitution has been conducted by a subcommittee of the Council to comply with the Associations Incorporation Act of 2015 which came into force in July 2016. We have until July 2019 to finalise the update.

The procedure adopted was to use the Model Rules as provided by the Department of Mines, Industry Regulation and Safety (DMIRS) as a template and to incorporate the essential parts of our existing rules to make it relevant to our organisation.

A final draft has been presented and approved by Council. To provide members an opportunity to view and comment, a copy of this document can be seen on the website alongside the existing constitution <http://u3auwa.org/about-us/>

The main change for us is the way we elect office holders of the association. Instead of only the President being elected at an Annual General Meeting, the four main office holders

(President, Deputy President, General Secretary and General Treasurer) will be elected. There is no change to the way Regional delegates are elected by their regional committees and subsequently ratified at the Annual Meeting. Also the additional roles such as vice presidents, Inform editor, City Course coordinator and Webmaster continue to be chosen by the Council.

A minor change has been made to the rules for a quorum at general meetings so that 100 members make a quorum even if the membership exceeds 1000

This new document, referred to as The Rules of Association will be presented as a Special Resolution at the 2018 Annual General meeting, after which it is sent to DMIRS for approval. Only then does it come into effect replacing our existing Constitution.

*Peter Alcock*

## DEADLINE FOR NEXT ISSUE 27 JANUARY 2018

Please provide programs for your region and articles for Inform in word format or directly typed into an email

NO ITEMS FORMAT IN TABLES THANK YOU

Copy to [jdbeer@inet.net.au](mailto:jdbeer@inet.net.au)

Enquiries to Denise 9279 2862

## U3A (UWA) SEMINAR 2017

Our Patron, Emeritus Professor Alan Robson, a fine fellow of similar age to ourselves, – I mention this now because none of the other guest speakers for the seminar can make this special claim. - gave the opening address. Alan spoke to the theme of this year's seminar 'Gateways to Learning' with two key points that stressed his strong belief in education. The first was the need to address the inequity in our education system and the second was the need to seek wisdom and not just knowledge.

The first speaker from the State Library of Western Australia, Jane James told us that libraries are 'The Gatekeepers of the Gateway'. Jane followed this statement by showing a picture of hand-written, chained books in an old library. She then went on to trace the ways that the written word has been accessed over time and to how this is done today. The reading platform remains. Librarians love helping people find information and it is the research skills that are so valuable. It is what you do with the information when it is found that is important. Another interesting comment was that 'Google can bring 100,000 answers; a librarian can bring you back the right one.' Jane concluded with a summary of the tasks of the State Library including that it Treasures the stories of WA, champions literacy and learning, cultivates creative ideas and leads the development of the WA public library network.



**Section of the crowd enjoying the seminar**

Irena Sikorska, education officer with the State Library of Western Australia, then gave a taste of one of the workshops offered by the library staff for the education system. Irena explained how the workshop progresses and what it is that they are helping the students learn as they develop the theme. Using the theme 'Digging up the Past' and the Grace Bussell, Sam Isaacs and the rescue of survivors from the wreck of the SS Georgette real story, introduced by a picture storybook, the students are shown how to research the material available to discover the facts as they are recorded in resources within the library.

Damien Webb, Aboriginal Liaison and Heritage Officer, specialising in outreach, engagement, research and discovery for the State Library of Western Australia spoke about his work around the current display '*Right Wrongs: 1967 Referendum*' at the state library until 3 September 2017. This is the first major Aboriginal display the State Library has done and it has been done in conjunction with the WA Museum. Damien highlighted the activism stories of Tommy Dower, Fanny Balbulk, Daisy Bindi, Sadie Canning and Dudley Clare as well as speaking about the exclusion zone and why peoples gathered in certain places and how they used the newspaper 'Westralian Aborigine' as a valuable and important voice.

Chair of the Library Board, Deborah Hamblin, was present during these excellent presentations and joined seminar attendees for discussion at lunchtime. I was fortunate to meet Deborah in the lift at the end of lunchtime as she was off to praise these staff members for their great efforts. Good to know that the Board is so wholeheartedly behind these enthusiastic young people.

Now on to the next Gateway and this was ably explained by Rachael McIntyre, senior manager community affairs WA & NT for the delivery of the National Broadband Network (NBN). Rachael likened the NBN to the Main Roads Department and said

that as of now, July 2017, the roll out of the infrastructure was about 50% complete. Rachael spoke about the features, the availability, what is being replaced, the timeline for notification, steps that should be taken, advice that ought to be sought, questions to ask your service provider, what will happen when there is a power outage and what to do to register a medical alarm. This should all be checked after your change over to make sure all is working correctly. Listeners were advised to check the website [nbco.com.au](http://nbco.com.au) .

After lunch, Andrew Porter, Academic Chair of Journalism at Murdoch University spoke about the 'Future of Newspapers'. Andrew spoke a great deal about the changing ways that people access news information. The students need to learn to tell the stories on all platforms and these have changed a lot in the last ten years. For instance Channel 7 no longer uses a helicopter to gather news footage as this is too expensive and all production now comes down to the money. Channel 7 now has 4 drones to get the pictures that a helicopter used to attempt. Andrew has a special pilot's license to fly these. The local stories are what this channel is after. Andrew showed a graph of the Media Shifts and digital has increased 33.3% in the last 12 years while TV has maintained the level of use. Some telecasts are done with local presenters in Perth being controlled from Sydney or Melbourne. The students have to learn not only how to get to the heart of a story but how to get it out immediately. Perhaps there is less chance to check the facts with such speed. It was also noted that The West Australian newspaper still is produced by large printing presses in Osborne Park.

The last speaker for the seminar was Cassandra Lake, Executive Manager, Community Engagement for the Western Australian Symphony Orchestra who spoke about 'Music as a Teaching and Learning Pathway'. It is important that music is available to be enjoyed and WASO has many programmes to do this. Cassandra showed pictures of children and adults enjoying the various programmes. Some programmes mentioned were the video conferencing for the school at Karratha for three months which went from the initial composing to a public performance, 'Echo' cushion concerts where children can actually try out the instruments, an outreach programme to create opportunities in some disadvantaged schools, Rusty Orchestra for members of the public to sit alongside of regular orchestra members to rehearse and give a public performance, hospital performances aid emotional health of patients especially at the Children's Hospital, and most of all music 'unleashes their creative powers'.

The absolute treat of the afternoon, as if to prove the point that music is a 'pathway to enjoyment' as well as a 'gateway to learning', we were delighted with the beautiful music of a string quartet. There was a first and second violin, a viola and a cello played by graduates of the UWA music school. They played a couple of string quartets from Mozart and a couple from Handel and concluded with 'Pure Imagination' from the movie 'Willy Wonka' and 'Viva la Vida' from Coldplay.

The speakers fielded searching questions from their enthusiastic audience. This important part of the day's proceedings added to the interesting information already imparted. All speakers were ably introduced and then afterwards thanked by the same U3A member. A presentation was made to each speaker of a \$50 voucher to the WA State Library bookshop.

I would like to add my personal thanks to everyone involved in making the Annual Seminar of 2017 such a great success. May you all continue through the 'Gateways' and up the 'Pathways' of learning.

*Janice Brooks Swan Hills Region*



**The string quartet entertaining members**

## MEMBER CONTRIBUTIONS

### WHAT'S IN A NAME?

I rather like the story about a young man starting his first day on a building site.

'What's your name?' the foreman asked.

'Jack.'

'We don't use first names,' the foreman said impatiently. 'What's your full name?'

'I'm Jack Darling.'" replied the young man.

'Okay, Jack' said the foreman. 'You start over here.'

But Australia seems to be in love with the name Darling: there's Darling Downs, Darling Harbour, Darling Heights, Darling Point, Darling River, Darling Scarp, Darling Street and Darling Railway Station.

However, it's not my name. But when did it become my name, I wonder. It's just in recent times that I find myself being addressed as Love, Dear, Darling and even Sweetheart by young saleswomen, receptionists and the like whom I've never seen before! Grrr!

No young woman in the course of her job would address another young woman in such a way, and no man would address a woman he doesn't know in endearing terms because of course coming from a male the words have a different connotation, except of course the term Love which is common-place and has become acceptable.

A year or two ago during my first visit to the optician the receptionist used a range of endearments. But after the third Sweetheart my patience ran out. I bristled and said, very plainly and rather more politely than I felt, 'My name is Kellett – it's Mrs Kellett.'

She was not to be put off. 'Yes, Darling – I have it here,' she responded in soothing tones, pointing to her paperwork.

I go to a new optician now. Her receptionist doesn't call me anything at all, and I can live with that.

*Sonia Kellett*

### MY CHILDHOOD FEAR

I saw you from afar and was afeared

I could not gaze at you or your myriad of friends

You and they filled me with such dread

You who had lived for eons invoked a feeling of

such insignificance within me

And made me aware of my own mortal and

impermanent self.

You never wronged me but still I was in fearful  
trepidation of you

I learnt you had a name along with your silent  
companions

Who gathered about you in shapely clusters

They were always there to greet you after your long  
sojourn to parts unknown -

Steadfast and unfailingly faithful from time  
immemorial.

I was so much older when my eyes could gaze upon  
your brilliance

I forced myself to look on you and your dazzling  
attendants

You and they were magnificent and as I learnt more  
about you

My fear turned to amazement, wonderment and  
security.

While you and they returned  
each night all would be well  
with the world.

*Pauline Begley – April, 2017*



### Tintern Abbey

Nature never did betray the heart that loved her.

Tis her privilege through all the years of this our life

To lead from joy to joy.

For she can so inform the mind that is within us;

So impress with quietness and beauty;

And so feed with lofty thoughts, that neither evil tongues,

Rash judgements, nor the sneers of selfish men

Nor greetings where no kindness is,

Nor all the dreary intercourse of daily life shall err prevail against us;

Or disturb our cheerful faith that the world that we behold

Is full of blessings.

*William Wordsworth*

NB. I hope the above excerpt of Wordsworth's great poem written over 150yrs ago may serve as an inspiration for all and any of us to take comfort from now.

*Jean Sayer*

## U3A VISIT TO PRAGUE—2002

In May 2002 a total of twenty two members from various U3A groups around Perth flew to Prague to be met by members from Pragues' various U3A groups. Amongst the visitors were seven from Lesmurdie Hills. Astra Warren, together with her Czech counter-part Dana Steinova (then in charge of a working group for Senior Education under the European Federation of the Elderly), had conceived and organised the whole exchange.

We were accommodated in various University colleges and travelled around the country, feted and feasted at one reception after another, peppered with bus excursions of purely tourist flavour, visiting libraries, art galleries, museums and operas. For the melding of the two cultures - one so young and raw with one of such rich tradition and history, each had something to give the other.

Flashbacks.

The warmth of the welcome of the two ladies who came to greet us (two of twenty two U3A members) on our emerging from Customs at the Prague airport.

Outside, the hazy blue grey over all the country; the unexpected heat - exacerbated by our being stowed, together with all our luggage and the two ladies, into one small car.

The breakneck speed of some vehicles flashing past us - ourselves exhibiting a fair example of surpassing all speed limits (though possibly it was the effect of travelling so close to the ground.)

The heart stopping moments rounding a bend to see a vehicle hurtling towards us on the wrong side of the road.

The somewhat basic and cramped living conditions (by our standards) that were apparently the accepted norm.

The eternal, ubiquitous and inevitable Dumpling, dressed in whatever form. Ditto the cheese, polony and ham which appeared without fail every day and sometime thrice daily at mealtimes, and the yearning for even one good plate of vegetables to augment the occasional segments of tomato, cucumber and capsicum.

The hospitality, generosity and the almost embarrassing extent to which our hosts would stretch themselves to cater for our wellbeing.

The regimentation and the rush, followed on more than one occasion by prolonged having around waiting for action.

Memories of visits to Nursing Homes, or Mayoral Receptions, Cultural Exchanges and endless speeches.

The plethora of pamphlets thrust in our faces as we made our

way through the Old City, urging us to indulge in the delights of a Vivaldi concert, a Shakespeare play, a Verdi opera, or a host of continuing performances - culture imbibed like their beers, available, inexpensive and prolific.

The weary trudging of cobbled kilometres; of steps and stairs; of alleys and tunnels, corridors and covered ways; of bridges and by-passes, crypts and caverns; of sudden glimpses of hidden gardens and vistas of green through gloomy portals; of lilac trees in bloom; of aching legs, sore feet and full bladders.

Our nightly consolation - the spartan bed with its paucity of bedclothes: the utility duna, the square pillow; the double glazed, open-defying windows.

The ancientness of the walls and the worn stones underfoot tramped by aeons of feet that had trod those same ways for six thousand years.

The full frontal impact of being there amongst the people who had suffered in their lifetime two aggressive occupations, and here and there grim evidence of those occupations still, to remind us of our own removed, remote and naive existence.

The extensive fields of brilliant gold canola stretching away to meet the blue horizon, interrupted here and there by the stark ramparts of high rise flats, legacy of the Communist era, marching in solid ranks across the distant edge.

Of forests; of birdsong; of greenness.

Of new found friends.

Of three weeks of perfect summer weather.

And now that it is all over, the continuing feeling of almost family closeness which developed amongst the Australian group, having lived with each other's strengths and weaknesses for nearly a month.

The intensive, barely believable, bordering on the indigestible three weeks that have, now in perspective, become an experience of a lifetime.

The following November twenty-two members were drawn from the Czech groups on a reciprocal visit to Perth. Billed by members from the Perth groups, the cultural gaps were endeavoured to be filled by picnics, parties, sing-songs and sightseeing. Bus trips, boat trips and "outback" experiences filled the two weeks during which time friendships were made and cemented, many of which continue still.

*PollyAnne Hill*

**Brain Games answer:** There are 7 members in the family 4 girls and 3 boys.

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NO ITEMS FORMAT IN TABLES THANK YOU

Copy to [jdbeer@inet.net.au](mailto:jdbeer@inet.net.au)

Enquiries to Denise 9279 2862

## REGIONAL PROGRAMS

### JOONDALUP REGION

**Contact person:** Kate McTavish - telephone 9401 9630

Meetings are held on the second and fourth Mondays, between 11.30 am and 3.00 pm, at the Rob Baddock Community Centre, Dampier Avenue, Kallaroo (opposite St Ives Retirement Village). Social BYO lunch and refreshment break between 12.30 – 1.00pm. A speaker follows at 1.15 pm. No meetings on Public Holidays.

6 Nov	11.00 – 1.00	Art Class
	1.15 - 2.45	Ethics Class
13 Nov	11.30	Special Interest speaker TBA
	1.15	Speaker: Stuart Usher
		Subject: Soroya to Salvation
20 Nov	11.00 – 1.00	Art Class
	1.15 – 2.15	Book club 1
	1.15 – 2.15	Book club 2
27 Nov	11.30 – 12.30	AGM
	1.30 – 2.30	Quiz with Heather
11 Dec	12.30	Xmas Lunch at Yanchep Inn
4 Feb	11.30 – 12.30	Speaker: TBA
	12.30	Lunch
	1.15 – 2.15	TBA

**1<sup>st</sup> Book Club Facilitator.** Contact Brenda – telephone 0418 859 955.

**2<sup>nd</sup> Book Club Facilitator.** Contact Janet - telephone 9306 4494.

**Writers group Facilitator.** Contact Patricia – telephone 6262 4167

**Special Interest Groups and Discussion Group.** Contact Terry - telephone 9304 8426.

**Gardening Group.** Contact Win - telephone 0433 217 801

**Lunch at Currambine Grill & Bar** every 5<sup>th</sup> Monday. Contact Kate, telephone 9401 9630 by the previous Sunday evening.

### ROCKINGHAM VISITS THE GRAVITY DISCOVERY CENTRE VISIT

On an overcast cloudy morning at 8.30 am. 18 members of Rockingham and Districts U3A set off to visit the Gravity Discovery centre near Gingin. Travelling up the Freeway and through the northern suburbs,- now alien territory to many of us- we were happy to stop for morning tea by the lake at the Neil Hawkins Park in Joondalup. The large extent of the lake was a surprise to me!

Our journey then continued on the Discovery Centre. On arrival we were met by our guide George, and moved to the Cosmology Gallery. Here it was explained how the Centre was first set up in response to a coordinated search for gravitational waves in the 1990's. The Niobe detector, used at that time is on display. It played an important role in the initial worldwide experiments setting limits to the strength of gravitational waves. Other features of the Gallery are the Timeline of the Universe, telling the story of the creation of our Universe – from the Big Bang right through to the present. It shows all the different stages of development and evolution of our planet Earth. Different interpretations of the creation story are also illustrated, for example in Aboriginal Dreamtime stories. Looking down from the upper levels of the Gallery one can see the Penrose Floor. A design in tiling illustrating the 'matching rules' used to tile a plane with regular pentagons incorporating three other shapes.

Following lunch we then had a tour of the other interactive exhibits, these included the Bernoulli Ball, and the Magnetic Skateboard. The Giant Slinky was a new exhibit which illustrates wave motion. With help of explanations and demonstrations by our guide we were able to better understand some of the mysteries of Physics, and also to appreciate how

the knowledge has been applied in the technological world we live in today. One example which stuck in my mind was how magnets are used in elevators as part of the braking system.

The Gravity Centre is surrounded by a lovely area of natural bushland, with many lovely banksia trees, but unfortunately we did not have time to explore, and boarded the bus for our last stop at the House of Honey. Here many of us were tempted to stock up on one or more of the different honey varieties available, or try the honey ice cream! Finally we were homeward bound, and approaching Perth we ran into the rain which had been threatening all day! For all of us, an enjoyable and satisfying excursion.

*Diana Morgan*



## LESMURDIE REGION

November		
4th	Saturday Special Outing to Kings Park	Members
7th	Melbourne Cup Day      No Speaker	Members
21st	"Mikhail Gorbachev"	Terry Harvey
28th	Coffee Club, to be advised	Members
December		
5th	Club AGM and Christmas Party	Members
January 2018		
Holidays	No Meetings	
February		
6th	"Eruptions that changed the World"	Peter Alcock
20th	"Oz 2025 Danger in the Comfort Zone"	Brian Greedy

## MID-NORTH REGION

Mid-North members meet on alternate Mondays at Church of Christ Community Centre  
at 68 Waverley Street, Dianella (opposite Centro Dianella)

13 Nov 2017	12 pm	Trees with History	Margaret Lloyd
	1.45 pm	Perth Then and Now	Richard Offen
27 Nov 2017	12 pm	AGM	
	1.45pm	Musical Soiree	Alf Gaebler
5 Feb 2018	12 pm	Paul Gaugin	Sonia Kellett
	1.45 pm	The Freycinet Voyages to Western Australia	Richard Hazlewood
19 Feb 2018	12 pm	Everyone Likes to Win	Rosemary Williams
	1.45 pm	A Better Ending – What You May Not now About Funerals	Stacey Farmer

**Music Group:** Meets fortnightly on Tuesdays from 1.30 – 3.30pm at Dianella Community meeting rooms,  
18 Kerry Street, Dianella (alternate week to Mid-North meetings). Contact Ann 9444 7782

**Film Club:** Meets monthly on Monday mornings to view a recently released film – coffee/lunch afterwards.  
Contact Carol 9370 5692

**Discussion Group:** Meets monthly on a Tuesday for coffee/chat 10am, upstairs Myer Morley, at coffee shop.  
Contact Margaret 9276 3081

**Excursions:** Will be discussed at meetings or contact Marolyn 9375 1017 for further details.

[See page 10 for North Coast \(Hamersley\) Region](#)

## ROCKINGHAM AND DISTRICTS

Main meetings are held at Masonic Hall, Wanliss Street, Rockingham, first and third Fridays commencing at 1.30pm.  
For Group Studies meetings contact the Group leaders as listed below. (ML indicates Murdoch Library is the venue.)  
Inquiries to Valerie on 9527 2911.

Nov 3	1.30pm	The Freycinet Voyages to W.A. - the French Interest in the exploration of W.A.	Richard Hazlewood
Nov 17	1.30pm	The Lucy Saw Womens' Refuge	Anne Moore
Dec 1	1.30pm	Annual General Meeting	All Members
Dec 8	12noon	Christmas Lunch	All Members
Feb 2	1.30pm	Climbing the Himalayas	Margaret Wartroba
Feb 16	1.30pm	Sailing the Indian Ocean in a Small Boat	Nigel Ridgeway

### Group Studies Meetings

2 <sup>nd</sup> Mon	Nov, Feb	10am	WA History (ML)	Ann	9592 7386
3 <sup>rd</sup> Mon	Nov, Feb	2pm	Poetry/Play Reading (ML)	Diana	9593 2313
1 <sup>st</sup> /3 <sup>rd</sup> Tues	Nov, Dec, Feb	2pm	Mahjong	Frances	9527 2920
2 <sup>nd</sup> Tues	Nov, Dec, Feb	times vary	Cinema Visit	Liz	9527 9471
3 <sup>rd</sup> Tues	Dec, Feb	2pm	Book Club 1	Gary	9550 4920
1 <sup>st</sup> /3 <sup>rd</sup> Wed	Nov, Dec, Feb	10am	Open Learning	Liz	9527 9471
4 <sup>th</sup> Thurs	Nov, Dec, Feb	1.30pm	Scrabble Group	Wendy	9527 1560
2 <sup>nd</sup> Fri	Nov, Dec, Feb	10am	Coffee Group	Wendy	9527 1560
4 <sup>th</sup> Fri	Nov, Feb	12noon	Lunch Group	Colleen	0423393183

## NORTH COAST ( HAMERSLEY ) REGION

Meetings are held every Friday at the Stirling Leisure Centre Hamersley, Cnr Belvedere Road and Lampard Street Hamersley. Contact Terry on 0401358026 for further information.

The Walking Group meets at the Stirling Leisure Centre Hamersley each Friday and other times at various locations. Contact Nina on 93095560 for details.

Check the Website [www.u3auwa.org](http://www.u3auwa.org) for changes. On the fifth Friday of a month outings are arranged and details announced at the regular meetings.

3 Nov	11.30am	Music Appreciation – “The Boss”	Val Dekanah
	12.30pm	Walking Group	Nina Bronkhurst
	1.15pm	Hats off to our Federal Constitution	John Christensen
10 Nov	11.30am	Book Club	Anka Babich
	12.30pm	Walking Group	Nina
	1.15pm	Morrison of Peking	Peter Flanigan
17 Nov	11.30am	Committee Meeting	
	12.30pm	Walking Group	Nina
	1.15pm	AGM	Members
24 Nov	11.30am	Poetry Group	John Buxallen
	12.30pm	Walking Group	Nina
	1.15pm	Hold Out – Surviving for the Emperor	Stuart Usher
1 Dec	12Noon		Xmas Lunch & Entertainment
8 Dec	11.30am	Book Club	Anka
	1.00pm	Annual Quiz	John Buxallen
2 Feb	11.30am	Music Apprec.-Handel & Royal Politics	Pauline Yarwood
	12.30pm	Walking Group	Nina
	1.15pm	Cold Cases I Couldn’t Solve	Jan Ross
9 Feb	11.30am	Book Club	Anka
	12.30pm	Walking Group	Nina
	1.15pm	The British East India Company	Terry Harvey
16 Feb	11.30am	Committee Meeting	
	11.30am	Philosophy	Barry Lake
	12.30pm	Walking Group	Nina
	1.15pm	Mindfulness & Meditation	Eric Harrison
23 Feb	11.30am	Poetry Group	John Buxallen
	12.30pm	Walking Group	Nina
	1.15pm	Can I Avoid Conflict	Elizabeth Brennan

## SOUTH EAST METRO REGION

Meetings on the first and third Fridays at St Augustine’s Church Hall, Corner Park and Cale Streets, Como

Nov 3	1.30 pm	Coach or Car Pool - Harry Perkins Laboratories Perth Tour	Norman 9367 5904
		Como Meeting Hall	
Nov 16 (Thur)	11am	Perth Concert Hall Asher Fisch Conducts Schumann	Margaret 9457 3480
		Booking at SE Metro Region 6 weeks prior (October 6 Meeting)	
	9.40am	Pre-Concert Talk	
Nov 17	2pm	Annual General. Reports on 2017 Program by retiring	Mary 9457 9334
		Meeting & Photos Committee & Elections for 2018	
Dec 1 18	2pm	Committee End-of-Year Celebration	Norman 9367 5904
Dec 15	NO FURTHER DECEMBER MEETING PRIOR TO CHRISTMAS		
JANUARY/ FEBRUARY 2018			
Jan 19	6 pm	Annual Picnic in B.Y.O Refreshments for pleasurable	Norman 9367 5904
		Mc Dougall Park Social & Recreational Evening	
Feb 2	2pm	Table Games Numbers of popular Table Games -	Norman 9367 5904
		We play for love rather than money!	
Feb 16	2pm	Jade Lewis “Just Say No” Drug Prevention	Norman 9367 5904
		Strategies in Youth Education.	
<u>These groups meet at McDougall House, Clydesdale Street, Como</u>			
1 <sup>st</sup> . Mon	1.30	Current Affairs	Maureen 9350 5992
3 <sup>rd</sup> . Mon	2pm	Philosophy Goes to the Movies	Julia 9472 3015
4 <sup>th</sup> . Mon	2pm	Play Reading	Alan 9450 2398
<u>This group meets at Member’s home</u>			
4 <sup>th</sup> . Sat	2pm	Book Club	Maureen 9350 5992

## SOUTH WEST METRO REGION

### MONDAYS

**Women's coffee club** – Judy 0427 409 791  
3<sup>rd</sup> Monday at 10.30am at David Jones Cafe, Garden City.

**Looking at books** – Ann 9457 1879  
4<sup>th</sup> Monday at 9.50am. Members take turns to host the meeting in their home.

### TUESDAYS

**Mahjong on Tuesdays** – Lawrie 0417967755  
Tuesdays weekly at 12.45pm at Kadidjiny Park Hall

**Going to the movies** – James 9272 4929  
1<sup>st</sup> Tuesday around noon at Luna SX Fremantle and afterwards in a cafe.

**Writing Life Stories 1** – Gaye 9313 8308  
1<sup>st</sup> & 3<sup>rd</sup> Tuesdays at 9.30am at Miller Bakehouse.

**Reading 21<sup>st</sup> century literature** - Ann 9457 1879  
2<sup>nd</sup> Tuesday at 10am at Miller Bakehouse

**Poetry** – Daphne 9364 3583 (For 2018 Sandra 9335 6703)  
3<sup>rd</sup> Tuesday at 1.30pm at Miller Bakehouse.

**Men's coffee club** – Kesi 9316 0359  
4<sup>th</sup> Tuesday at 10.30am. David Jones, Garden City

### WEDNESDAYS

**Learn to play the ukulele** – Erin 0416 100 146  
Wednesdays weekly at 1pm at Miller Bakehouse

**Current affairs forum** – Ian Kidd 9329 9058  
1<sup>st</sup> Wednesday at 9.30am at Miller Bakehouse

**History** – Phyl 9364 3604  
2<sup>nd</sup> Wednesday at 9.30am at Kadidjiny Park Hall

**Writing Life Stories 2** – Leo 0417923770  
2<sup>nd</sup> Wednesday at 9.45am at Miller Bakehouse.

**Music appreciation** – Louise 9330 2630  
3<sup>rd</sup> Wednesday at 9.30am at Miller Bakehouse.

### WEDNESDAYS (Cont)

**World happenings** – Judy 0427 409 791  
3<sup>rd</sup> Wednesday at 9.30am at Kadidjiny Park Hall.

**Games** – Alice 9364 9511  
4<sup>th</sup> Wednesday at 9.30am at Kadidjiny Park Hall. .

**Writing for pleasure** – Daphne 9364 3583 & Angela 9330 1674

4<sup>th</sup> Wednesday at 9.30am at Miller Bakehouse.

### THURSDAYS

**Spanish for beginners** – James/Judy 9272 4929  
Thursdays weekly at 9.30am at Miller Bakehouse.

### FRIDAYS

**Mahjong on Fridays** – Beryl 9498 2440  
Fridays weekly at 9.15am at Kadidjiny Park Hall

**Italian for beginners** – Norm 9417 4546  
Fridays weekly at 9.30am at Miller Bakehouse

**Melville lecture** - James 9272 4929  
3<sup>rd</sup> Friday at 2pm at Melville Recreation Centre (Apollo Room).

This is a public lecture with interesting speakers. Visitors are welcome

Our Annual General Meeting will be held on Saturday 2 December 2017 at 2pm at the Melville Recreation Centre (Apollo Room).

### VENUES - SOUTH WEST METRO REGION

Miller Bakehouse Museum, 7 Baal Street, Palmyra  
Kadidjiny Park Hall, 72 Kitchener Road, Melville  
Luna SX is on Essex Street, Fremantle  
David Jones cafe is on the 1<sup>st</sup> floor at DJ's Garden City Shopping Centre.

## SOUTH WESTS SPRING LUNCH

As we had commenced an *Italian for Beginners* group this year, it was decided that our Spring Lunch on 30 August would have an Italian theme.

Kathy Money organised the event and with her band of helpers decorated the hall in red, white and green.



There were Italian themed quizzes and a prize for painting the best "moaning lisa".

Guests were entertained by our ukulele group and we joined in singing some Italian songs. A great day was had by all.



## SWAN HILLS REGION

Meets at 1.30 pm on Fridays at North Metropolitan TAFE - Midland Campus (formerly Polytechnic West), Eddie Barron Drive off Lloyd Street, Midland, in Lecture Theatre Block 'D' behind the Administration Block 'A'.  
Contact person: Maxine Wood: Phone 9250 6292.

3 November		Japanese Tea Ceremony	Robyn Talbot
10 November	Poetry		Tony Harding
17 November	Outing to Gomboc Gallery, Swan Valley and lunch at Jane Brook Winery **		Swan Hills Members
24 November	Outback Graves Markers Project		Trevor Tough
1 December	Annual General Meeting and Quiz		Swan Hills Members
8 December	Christmas Lunch **		Swan Hills Members

\*\*NOTE: There will be no session at the Midland TAFE venue on these days.

### 2018

2 February	A Place We Call Home	Denise Beer
9 February	Pollution is Everywhere	Esther Flowerday
16 February	Three Short Talks	Swan Hills Members
23 February	Q & A Revisited	Convenor: Stuart Gibb

Also:

Morning Coffee Group:	3 <sup>rd</sup> Wednesday
Social Lunches:	5 <sup>th</sup> Wednesday (excluding 29 November 2017)
Craft Group:	3 <sup>rd</sup> Tuesday
Computer/Genealogy Group	4 <sup>th</sup> Tuesday

(For times and venues for these events please check with our Contact Person or Secretary)

## SWAN HILLS RECENT ACTIVITIES

Because Swan Hills Region meets every week, we accumulate a great amount of information and knowledge. We endeavour to have a significant proportion of the presentations from among our own members, with the remainder from others expert or knowledgeable in their fields of interest. The following summaries are just a small sample of our learning.

Esther Flowerday presented an interesting talk on the life of Wolfgang Mozart's wife Constanze. She came from a musical family and supported Wolfgang in all he did, as a dutiful and virtuous wife. They were constantly poor but happy. She bore 6 children, of whom only 2 survived. After Wolfgang died, her circumstances became very dire, but she was able to gain some income from selling Wolfgang's music. In six years she was able to pay off all of his debts, remarried, and spent a further 17 years of comfortable life with her second husband. She died in 1842.

Esther Flowerday expounded on plastics - we can't live without them. She explained the origin of these compounds such as rubber, ebonite, shellac, bakelite through to our modern plastics such as nylon, rayon, polyethylene, polypropylene etc., describing their different properties and characteristics. Their degradability is becoming an increasingly important environmental issue, as our dependence on them expands and they become an ever increasing proportion of our waste.

Our Chairperson, Denise Beer, provided an interesting series of talks about the history of Tasmania. She took us through the early geological prehistory, Aboriginal history and later European discovery and development as a penal colony. Because it was settled very early in the European history of Australia, there are many fine examples of early architecture and public structures. She ended the series with a little of its modern development into a thriving and independent State.

Brian Loader took us on the long voyages of world discovery, which carried the risk and scourge of scurvy. The longer that ships were at sea without securing supplies of fresh vegetables and fruit, the more their crews suffered from this disease. Scurvy was not confined to long sea voyages but had affected people who lived in areas of the northern world with long winters, since ancient times. It was gradually identified as being caused by a deficiency of vitamin C, its treatment and prevention being very simple with the provision of fruit and vegetables rich in this vitamin.

Swan Hills Region embarked on a 'QandA' of its own, when members submitted questions, while other members then volunteered to research these questions, and to present their findings. Its limited success prompted a rethink of its framework for a different format early next year.

One visiting speaker of note was Anne Cowie, the Managing Director of PlusLife - Perth Bone & Tissue Bank, a not-for-profit enterprise started in Perth that does not receive any Government funding. It is dedicated to enhancing the quality of life for patients who need bone grafts for their surgical treatment. Bone donations are received from live patients as well as cadavers and undergo a rigorous processing that renders the bone material sterile and free of components that might cause rejection. PlusLife encourage people to register for donation in advance rather than burden their next of kin to donate at time of death. Swan Hills highly recommends Ann Cowie's presentation to other Regions. She can be contacted via their website [www.pluslife.co.au](http://www.pluslife.co.au).

Gibb

Lynette and Stuart

## WANNEROO REGION

Meets at 1pm on the second and last Thursday of each month (excluding December), at the Wanneroo Recreation Centre, 275 Scenic Drive, Wanneroo.  
Inquiries to Ann and Dave on 9206 1550.

The Petanque group operates on the first Thursday of each month (excluding December) from 10am to 12 noon, next to the Wanneroo Recreation Centre. Tuition and boules will be provided. Bring your own if you have them. You are welcome to bring a picnic lunch if you would like to stay.  
Inquiries to Constance on 9206 4098.

Book Club meets at 1pm on the first Tuesday of each month (excluding December) at the Wanneroo Library, 3 Rocca Way, Wanneroo.  
Inquiries to Stephanie on 0429 133 891.

The walking group WANNEROO WEDNESDAY WALKERS operates every Wednesday morning. The morning meeting place, walking trail and starting time may vary from week to week, so please contact Cheryl: 9306 1621 or Constance: 9206 4098 for details of each walk.

<u>Date</u>	<u>Time</u>	<u>Location</u>	<u>Event</u>	<u>Presenter</u>
November 2017				
Thurs 2	10.00am	Wanneroo Recreation Centre	Petanque	Constance
Tues 7	1.00pm	Wanneroo Library	Book Club	Stephanie
Thurs 9	1.00pm	Wanneroo Recreation Centre	Rudolf Hess	Terry Harvey
Thurs 30	12 noon	Ashby Tavern	Christmas lunch	
January 2018				
Tues 2	1.00pm	Wanneroo Library	Book Club	Stephanie
Thurs 4	10.00am	Wanneroo Recreation Centre	Petanque	Constance
Thurs 11	1.00pm	Wanneroo Recreation Centre	'My Life in Science'	Prof Lyn Beazley
Thurs 25	1.00pm	Wanneroo Recreation Centre	'And the Band Played on..'	Jim Barns
February 2018				
Thurs 1	10.00am	Wanneroo Recreation Centre	Petanque	Constance
Tues 6	1.00pm	Wanneroo Library	Book Club	Stephanie
Thurs 8	1.00pm	Wanneroo Recreation Centre	'Understanding Islam'	Imam Faizel Chothia
Thurs 22	1.00pm	Wanneroo Recreation Centre	Giant Pandas	Gordon Johnson

## WESTERN SUBURBS REGION

Meets on alternate Mondays (but NOT on Public Holidays) from 1pm to 3.30 pm in the Community Room of the Grove Library, corner of Stirling Highway and Leake Street, Cottesloe.

### 2017

6 Nov	9.30-3.30 pm	Annual Bus/Cruise Trip to Mandurah	
13 Nov	1 pm	Cottesloe Personally	Dr Peter Graham
	2.30 pm	How Technology is Affecting our Spine and Health	Dr Ely Lazar
27 Nov	1 pm	"Rachel Carson – The Woman who started a Revolution"	Peter Flanigan
	2.30 pm	"How to Relieve Stress – a Mindfulness Approach"	Trish Quinlivan GP
12 Dec	1 pm	Annual General Meeting Christmas Lunch	

### 2018

12 Feb	1 pm	The Amazing Adventures of Von Mucke and the Schooner Ayesha in World War 1	Nigel Ridgeway
	2.30 pm	The Story of Agelink Theatre in Western Australia.	Jenny Davis
26 Feb	1 pm	The History of the Gene	Fr Geoff Beyer
	2,30 pm	Early Information of Nedlands and Surrounding Areas.	Prof Jenny Gregory

**Forum Group** meets on intervening Mondays beginning Mon 20 Nov 2017 (not on Public Holidays) in Grove Café, Grove Library, corner Stirling Highway and Leake Street, Cottesloe. Contact Vlasta (6180 6103).

**MOTO Group (Members On Their Own)** meets on Monday Public Holidays and other times as arranged.  
Contact Neville (9339 4715)

**Spanish Conversation Group (Advanced)** meets on first and third Thursdays of month at Drabble House, Nedlands.  
Contact Jean (9284 1731)

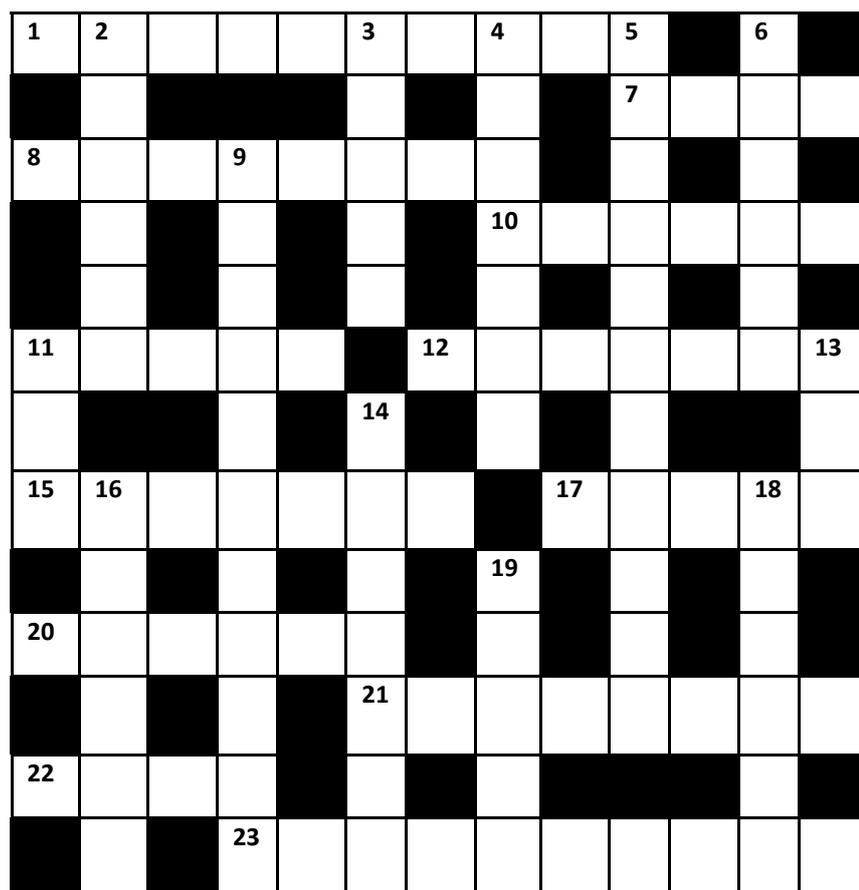
**Cinema Group** meets as arranged. Contact Sue (0403 307 350)

## FUN AND GAMES

This will be the last Cryptic Crossword compiled by Sonia Kellett. I would like to thank Sonia for her contributions to Inform over many years and in particular the Cryptic Crosswords and the Utterly Clueless Crosswords. The standard of these puzzles has been extremely high and have entertained and puzzled readers. I know of many readers who turn to the puzzles pages before reading the rest of the magazine. Without the continued contributions of Sonia and other members there would be no magazine. Thank you Sonia and may you take a well earned break from compiling the Cryptic Crosswords.

Readers can still look forward to more of Sonia's Utterly Clueless Crosswords in future issues.

### CRYPTIC CROSSWORD 128 by Sonia Kellett



#### Solution to Cryptic Crossword No.127:

Across: 5. Often 8. Mandalay  
9. Blitz 10. Terrible 11. Scrap  
14. Gym 16. Canyon 17. Optics  
18. UNO 20. Acute 24. Velocity  
25. Afire 26. Pleasure 27. Bleat.

Down: 1. Smote 2. Inure 3. Basil  
4. Parlay 6. Felicity 7. Entrance  
12. Fanciful 13. Hysteria 14. Gnu  
15. Moo 19. Needle 21. Roman  
22. Pious 23. Types.

#### Across:

1. Large bloomers (10)
7. Their mode could be mine (4)
8. Made in a homely way (4,4)
10. Low joint jewellery (6)
11. Going mad in the army? (5)
12. Drink after drink or stalkers (7)
14. 'Happy Birthday to you' child's gift (3)
15. Titbit from the grapevine (7)
17. The correct way to record (5)
20. This group of performers could be French pets (8)
21. Mr action man is altogether an idealist (4)
22. A different loud board game? (4)
23. To (17 across) Monika uses a moniker for her handle (10)

#### Down:

2. Never-never land (6)
3. Open and over the top (5)
4. Pay them anyhow to show affinity (7)
5. Cinema fire obscures the picture (11)
6. Initially metal entered the earth over region (6)
9. Numbers up for the confused mountaineer (11)
11. Rubbish! (3)
12. Shy at first like a wild dog (3)
13. She can be litigious (3)
14. In need of a drink after a rage? (6)
16. Change the venue please and make level (4,2)
18. Suffering boredom I muted the music (6)
19. Search a short valley or hollow (5)



## U3A CHOIR REPORT

"Sunrise, sunset, sunrise, sunset, swiftly fly the days". At night those words and tune circled my brain as I lay awake waiting for sleep. Now that our recent U3A concert is over perhaps they'll leave me alone. They are of course from the Fiddler on the Roof - one of the songs performed at our concert at the Alfred Carson Home on Tuesday 26<sup>th</sup> September. It was an eclectic program, including classical and popular songs. We opened the afternoon with the toe tapping jolly Hello Dolly and it's a Lovely Day Today. Later on with the classic Panis Angelicus and The Chorus of the Jewish Slaves we enjoyed some harmony singing. Finishing off with a Beatles medley brought smiles and some participation from the audience especially "Will you still love me when I'm 94".



Two soloists added variety - Pat, from the choir giving her all with "The Laughing Song" from Die Fledermaus and visiting flautist Kaylee van Schalkwyk impressing us with her rendition of a movement from the Quantz Concerto by J Joachim. From reports the concert was thoroughly enjoyed by all.

There are always workers behind the scenes and appreciation must be made of our choir leader Gioi for her dedication and enthusiasm, Elaine, our president for keeping us informed and in line, Dinah our treasurer who arranges the concert venues, Geoff in providing backing tracks and practice CDs for members and then all the committee members for their generous extra time in making things run smoothly.

The U3A choir meets most Tuesday mornings for practice under the guidance of the talented and charming leader Gioi Papillon. Unlike the usual single term U3A classes, the choir continues throughout the year and we therefore get to know one another and have become more like a happy family. Trained singers might be few amongst us but together we think we sound pretty good and in any case it's all fun.

*Gay Eivers*

## EDITORIAL

You will notice that no email addresses appear in this edition of Inform (other than mine). This is due to a decision made by council to protect the privacy of members. This decision was not made lightly but recently there has been a spate of spam emails sent to members. If your members require email information it should be provided to them via a handout at meetings.

## DEADLINE FOR NEXT ISSUE 27 JANUARY 2018

Please provide programs for your region and articles for Inform in word format or directly typed into an email

NO ITEMS FORMATED IN TABLES THANK YOU

Copy to [jdbeer@inet.net.au](mailto:jdbeer@inet.net.au)

Enquiries to Denise 9279 2862