# U3A CITY COURSES SEMESTER ONE 2018



# U3A (UWA)

University of WA (M421) 35 Stirling Highway Crawlev WA 6009

Tel: 6488-1857 Email: u3a@uwa.edu.au

Web: www.u3auwa.org

#### **ART APPRECIATION (21)**

The 2018 lecture series focuses on events and exhibitions in the Art Gallery of WA's calendar and addresses a very wide range of artworks and art practices including craft and design. The six talks will be richly illustrated with photographic reproductions and will present works from a number of different historical eras. Lecture Theatre 1, Central Institute of Technology

1300 - 1400 2<sup>nd</sup> Wed 11 April - 12 September

6 sessions \$30.00

Robyn Talbot 0466 474 135 <u>derekrobyn@hotmail.com</u> Rosemary Grigg 9447 4195 flanngrigg@bigpond.com

#### **COMPUTER Q & A (22)**

A Q&A session to deal will all those questions and concerns about the use of the computer and the internet. If you don't know anything about this, this session will start you off.

Citiplace Senior Citizens' Centre

0930 - 1100  $1^{st}$  Tues 6 March and 3 April

2 Sessions \$10.00

Simon Knox mystery@amnet.net.au

#### **EMOTIONAL INTELLIGENCE (24)**

Emotions are the glue that connect you to other people, they guide your knowledge of when to respond immediately and when to stop and think. Regular intelligence is the ability to solve problems, manage life, reason and rationalise in general. Emotional Intelligence is the ability to think clearly, creatively, handle difficult situations, events and people in a way that can help make a difference. Gaining awareness and developing these skills in recognising your emotions is essential to your social well-being.

Citiplace Senior Citizens' Centre

1115 – 1245 3<sup>rd</sup> Tues 20 March – 15 May

1<sup>st</sup> & 3<sup>rd</sup> Tues 5 & 19 June 5

Sessions \$25.00

Lorraine Simons <u>lorrainesimons@bigpond.com</u>

#### **FILM DISCUSSION (23)**

Discussion about current films showing in Perth. Members share and compare views on the quality, direction, acting and story line of films which they have seen. More relevant since Margaret and David have retired from the ABC! Kimberley Room, G3, State Library

0930 – 1100 1<sup>st</sup> Tues 6 March -5 June

4 sessions \$20.00

Nicky Dair 6250 0553 nic@bentleypark.com.au

#### I-PADS - THEIR USE (29)

All you need to know about the i-Pad. Bring yours along to explore its features. Citiplace Senior Citizens' Centre 1115 – 1245 1st Tues 6 March & 3 April 2 sessions \$10.00 Simon Knox mystery@amnet.net.au

# LITERATURE (26)

This semester, authors from around the world.

March 6: "Salt Creek" by Lucy Treloar (Australia) April 3: "A Gentleman in Moscow" by Amor Towles (Russia) May 1: "The Orphan Train" by Christine Baker-Kline (USA) June 5: "Pachenko" by Min Jin Lee (Korea and Japan). New members of the group are very welcome, and should enjoy the variety in the books. The Russian book is delightful, but is large and may need longer to read than the other books.

North West Room 2.9, State Library

1115 - 1245 1<sup>st</sup> Tues 6 March – 5 June

4 sessions \$20.00

Helen Baker 9447 6236 helenbaker3@bigpond.com

#### QIGONG \*\*NEW COURSE\*\* (31)

Qigong places great emphasis on internal fitness, fitness of the organs, meridians, bones, fascia, breath and spirit. As we age the more we build our internal fitness the more vital we become.

For 14 years I have been a student, and more recently, a teacher of this amazing practice.

The best Donation I could want from the U3A, is that you attend my classes and find joy and good health benefits from them!!

North West Room 2.9, State Library

1000 - 1100 Thursday - 8 Mar, 12 & 26 April, 10 & 24 May

5 sessions \$25.00

Toni Weston toniwestonherbs@yahoo.com

#### PHILOSOPHY (27)

Ideas and aspects of past and contemporary philosophical topics are explored, where discussion and contributions are encouraged.

Kimberley Room, G3, State Library

0930 - 1100 2<sup>nd</sup> & 4<sup>th</sup> Thurs 8 March - 24 May

6 sessions \$30.00

Hans Hoette 0419 906 310 <a href="mailto:hans.hoette@amnet.net.au">hans.hoette@amnet.net.au</a>

#### RUSSIA (32)

Explore some of the major turning points in Russian history through the art and literature of the last two centuries. From Fyodor Dostoyevsky's depictions of modernity to Alexander Solzhenitsyn's tales from Siberian labour camps, this is a journey through the country's political, social and economic life.

Citiplace Senior Citizens' Centre

0930 – 1100 3<sup>rd</sup> Tues 20 March – 19 June

4 sessions \$30.00 Iva Glisic <u>iva.glisic@uwa.edu.au</u>

#### **SCIENCE AND TECHNOLOGY DISCUSSION (28)**

The continuing discussion about the recent trends in Science & Technology from a popular perspective - eg: genetics, climate change, mobile phones. Each session will have a number of pre-prepared discussion items, led by a member of the group, as well as a general discussion on contemporary

topics. Kimberley Room, G3, State Library

1115 - 1245 1st Tues 6 March - 5 June

4 sessions \$20.00

Ken Mullin 0414 521 390 ken.mullin@iinet.net.at

#### WA'S DEVELOPING HISTORY 1850 - 1900 (30)

March 20th: The concluding story from the 1850's of the ongoing development of Guildford, its famous places and personalities, including a Dead End Story.

April 17th: How the population was shifting to the outer areas of Perth such as Gosnells, Kalamunda, Wanneroo, and the stories of some of these founding settlers, the effects of the arrival of the convicts and how the law was applied by its most outstanding advocate in Perth.

May 15th: Part 1 of the most historic buildings in the Perth CBD, including some early layouts of the township, Perth's oldest surviving church and Perth's most remembered Bishop and the most famous enduring Perth architect. June 19th: Part 2 of the exploration of Perth's most historic buildings, the story behind Government House, the Perth Town Hall, including the two Perth cathedrals.

Kimberley Room, G3, State Library

3<sup>rd</sup> Tues 1115 - 124520 March - 19 June

\$25.00 4 sessions Anthony Alborn 0433 132 172 anthonyalborn@westnet.com.au

#### **U3A (UWA) CHOIR (33)**

Singing with others is an ancient art. It's also modern medicine. Learning to sing well and in harmony increases well-being, raises self-esteem, and it builds communities. If you are interested in expanding your vocal prowess join us and lift up your voice in song. No auditions.

**Musical Director: Gioi Papillion** 

NB Payments & enrolments directly to Choir. Please contact Dinah for details.

Guild Room, Wesley Church, Cnr Hay & William Sts Perth Every Tues except 1st in month 1000 - 1230

\$35.00 plus \$8 per session Dinah 20 Feb - 27 November

Heap 0408 936 737 jackanddinah@optusnet.com Elaine Clinton 9377 2564 elainec6054@gmail.com

# LECTURE SERIES - a series of one off sessions on various subjects (25)

Nationalism in Music, Central America, Experience of China, Isle of Man, Perth Heritage, Abraham Lincoln, Photography, Healing insights. See details below.

Citiplace Senior Citizen's Centre

1330 - 15001st & 3rd Tues 6 March - 19 June

\$40.00 8 sessions

John Leach will introduce the various presenters 0422 081 258 Johnleach37@optusnet.com.au

#### 6 March Nationalism in Music June & Jim Barns

This will show musical ideas that are identified with a specific country, region or ethnicity including works by Chopin, Grieg, Verdi, Wagner and others.

#### 20 March Central America Sonia Kellett

What do we know about Central America? That the seven independent countries that make up the tapering isthmus of southern North America - Belize, El Salvador, Guatemala, Honduras, Nicaragua, Costa Rica and Panama - have a history of conflict, revolutions, social unrest and natural disasters. But it is also known for its bio-diversity, great beauty, teeming animal life, vast forests, mountain ranges and fertile valleys, stunning beaches, gentle people and for the production of coffee, tobacco, beans and other crops. So why is it called a banana republic? Find out the answers to and more by exploring this fascinating part of the world.

3 April Amazing True Experiences in China Dr Elizabeth Parry was invited to teach in China as a foreign expert in Special Education. In Hangzhou she met the eminent

Medical Professor, Li Yu, at the Zhejiang Children's Medical Hospital. She was invited to join the Research Team working with children suffering Cerebral Palsy.

17 April The Vikings of Sodor & Mann June Dunstan "When King Orry, the Dane in Mannin did reign, Twas said he had come from above..." A tale of tall ships - of fairies and witches and cats with no tails!

1 May Perth Heritage - Don't let it happen again Richard Offen takes a look at some of the lost buildings in central Perth.

#### 15 May Abraham Lincoln Arthur Tonkin

How a "hillbilly" lawyer outsmarted his better own and more sophisticated rivals and ran off with the main prize -Abraham Lincoln's unlikely win.

#### **5 June Photography** Cyrus Roussiles

Including tips on better photography, understanding manual settings, how photography connects people and community, mental & physical health benefits to taking up photography, how learning photography can potentially add 5 years to your life, Photography as art, how learning photography changes the way you see the world.

#### 19 June Healing Insights Peta Nottle

The difference between healing and curing - the history ancient healing arts. Where is Australia today - has it got a place in the health care system today? Access to everyone integrate it with mainstream.

#### **METHODS OF ENROLMENT & PAYMENT**

#### 1. ONLINE - PREFERRED BOOKING & PAYMENT METHOD

Book, pay & receive immediate confirmation online or by phone Payment by MasterCard/Visa Credit & Debit Cards click on link below

www.ticketebo.com.au/city-courses-2018-

semester-1 or call

(03) 9005 7750 7.00am - 3.00pm WST

Note: Most U3A Regions will provide support with this method if required.

#### 2. ONLINE BANKING - EFT

Enrol and pay online using your online banking facility. Transfer to:

**BSB** 306-084 Account Number 4182903

Important: In the description box please include the course no. & your membership no. Example:

21 26945

#### 3. CHEQUE

Mail completed enrolment form & cheque to:

University of the Third Age University of WA (M421) 35 Stirling Highway **CRAWLEY WA 6009** 

[Do not forget to include a stamped self-addressed envelope for your receipt.]

#### 4. CASH

Present completed enrolment form & cash at: U3A (UWA) Office:

**Building 7 UWA Claremont Campus Cnr** Princess & Goldsworthy Rds. Claremont WA 6010

Office Hours: 9.00am to 12 noon Monday, Wednesday, Friday.

# DO NOT DELAY ENROLLING Courses fill very quickly

# **PROBLEMS** OR

# **QUERIES?**

Contact Alan Mortimer 0401 784 777

or 9450 2398

Please only contact Alan with problems or queries regarding the courses. All **Enrolment enquiries should be made** through the U3A Office.

You may phone the presenter if you have questions regarding a course, but note that the presenter cannot accept enrolments.

- If you are unable to secure a place in a course, your fee will be returned to you.
- Enrolments are only available to members of U3A (UWA) who are financial for the year 2018.
- Owing to the high cost of room hire, once you have booked, course fees are not refundable if you cancel your booking
- Note that U3A (UWA) cannot accept responsibility for the cancellation of classes during Semesters.

## **ENROLMENT FORM**

### For use when paying by cash or cheque.

Name Member Number	
RegionAddress	
Phone	••••

Course	Course Name	Course	Tick
No.		Fees	Course/s
			Selected
21	Art Appreciation	\$30	
22	Computer Q & A	\$10	
23	Film Discussion	\$20	
	Emotional		
24	Intelligence	\$25	
25	Lecture Series	\$40	
26	Literature	\$20	
27	Philosophy	\$30	
	Science and		
28	Technology	\$20	
	I-Pads and their		
29	use	\$10	
	WA's		
	Developing		
	History		
30	18501900	\$25	
31	Qigong	\$25	
32	Russia	\$30	
	TOTAL FOR		
	COURSES		
	SELECTED		

## **Venues**

The venue for each course will be one of the following, as shown on the respective course listing:

- Citiplace refers to the upstairs Conference Room at Citiplace Community Centre, on the Eastern Concourse, above Perth Railway Station.
- Lecture Theatre 1 Central Institute of Technology. The main entrance to Building 2 is from Aberdeen St opposite a pedestrian crossing and close to Cat stop 9 (Central Institute). The Aroma Café is just to the right. Enter the glass doors into the foyer. Lecture Theatre 1 (room may change) is to the left under a large flight of stairs and opposite the doors to the College Library.
- Kimberley Room G3 is on the ground floor of the State Library Building, just near the Café.
- North West Room 2.9 is in the State Library, second floor in the north-west corner of the building. From the lift straight ahead to the left of the stairway some 10 metres, then left along a wide aisle, leading to the door of the room.
- Mid-West Room is on the Mezzanine floor of the State Library Building behind the play area.

If any members of U3A (UWA) feel they could suggest a future course or would like to run a course, please contact the U3A (UWA) office. Financial support for course costs and audio-visual support is available

