



MELVILLE & DISTRICTS REGION

www.u3auwa.org/

MARCH 2019

MILLER BAKEHOUSE MUSEUM, 7 Baal Street, Palmyra

Our region holds regular meetings at this venue but did you know the building is heritage listed. The Melville Historical Society opens the museum to the public every Sunday between 2pm and 4.30pm. (but not on Easter Sunday.) People are invited to visit and learn more about the history of this building and the families who lived there. For the Sundays in March you can book a 'Devonshire Tea' by Antiquitea at MBH. Tickets are \$15.87pp and are available through Eventbrite. The idea is to look through the museum and have afternoon tea too. Bookings essential (<https://www.eventbrite.com.au/e/afternoon-tea-at-millers-bakehouse-tickets-56638663768>)

INFORMATION SESSION

We were delighted to have 32 people attend this session on 15 February and look forward to welcoming many of them as new members very soon. We crammed a lot into one hour with an overview of the history of U3A, its introduction to WA and its present format. All our groups were represented and given the opportunity to describe their activities. Plenty of handouts were available. Thank you to all our committee members and group leaders who participated.

MELVILLE LECTURE

It was a full house for our first Melville lecture for 2019. We anticipate being back in the Apollo Room for our March talk. Don't forget visitors are most welcome so bring a friend.

HEALTHY LIFESTYLES EXPO FOR 55+

This event is hosted by the Seniors Recreation Council of WA. It will be held on Friday 29 March between 10am-2pm at Melville LeisureFit. There will be a variety of static displays, activities, health checks, a discussion corner and an opportunity to try something new. U3A Melville & Districts Region will be having a stall – this is a great opportunity to once again promote our activities to the community. Please call in and say hello.

PICNIC LUNCH

Seven members from our Region attended the Kings Park picnic at the end of February. Our own LONG TABLE PICNIC LUNCH will be held on Friday 5 April following the mah-jong group at Kadidjiny Park Hall. Further details will be provided in the April newsletter.

MAHJONG FOR BEGINNERS

There will be just one group for beginners this year - commencing Tuesday 14 May, 11.15am for an 11.30am start and will finish at 1.30pm. It will be held over 12 weeks and finishes on 30 July. The venue is Kadidjiny Park Hall, 72 Kitchener Rd, Melville. At the end of the course the beginners can integrate with either the Tuesday afternoon group or the Friday morning group, or both! Put your name down early by contacting Glenys on 9332 5786.

NEW GROUPS

New member Val Henry has offered to be group leader of a new Book Club commencing in the second semester to be held one afternoon a month at the Miller Bakehouse. Register your interest by contacting Val on 0402436105 or valeriemhenry@gmail.com. We're still hoping someone will volunteer to convene a Brain Games group.

WHAT'S ON

1 – 18 March – Sculptures by the Sea, Cottesloe

3 March, 4.30pm-8.30pm Point Walter Concert

7 March, 10am – 12md. "Art history: renaissance art and aboriginal rock painting" Professor Richard Read, AH Bracks Library, \$5 and booking essential*

16 March 10am-11.30am "Edible plants at your back door: eat your garden!" Mark Tuck. AH Bracks Library, free but bookings essential*

27 March 10am – 11.30am "Chinese market gardens" Kaylene Poon. AH Bracks Library, free bookings essential*

29 March 10am-2pm "Healthy Lifestyles Expo for 55+", Melville LeisureFit, free.

*Book online through Eventbrite or contact the library on 9364 0115