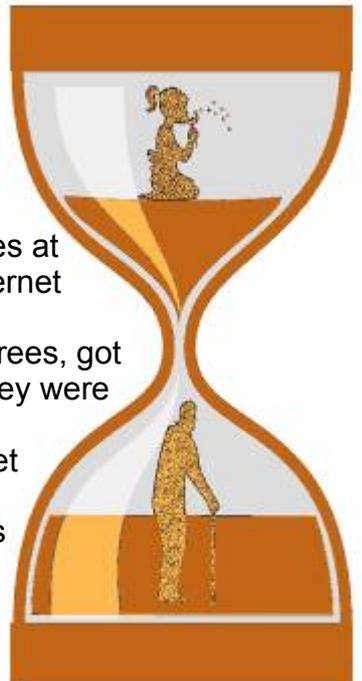




TIME is a concept that, for many of us, may have changed in relevance over the past few months. However, in London, Big Ben has set a steady pace for more than 160 years. What makes it tick? Watch this: https://www.youtube.com/watch?v=Qad6Q_RbQQ0

Yesterday and Today

It's a wonder that those of us who were kids in the 30s through to the early 80s have survived! As babies, our cots were covered with bright-coloured lead-based paint. There weren't any childproof lids on medicine bottles or locks on doors or cabinets. When we rode our bikes, we didn't wear helmets. As children, we would ride in cars with no seat belts or air bags and Dad could have been over .05. Riding in the back of a ute on a warm day was always a special treat. We drank water from the garden hose, not from a bottle. We ate cakes, bread and butter and drank sugary soft drinks but we were never overweight because we were always outside, playing. We forgot to wash our hands before eating and we seldom had stomach trouble, unless it meant we could take a day off school. We shared one soft drink with four friends, from one bottle, and no one actually died from this. We got colds and flu and sore throats, sipped hot lemon and honey, took an aspirin and we lived, without even seeing the doctor. We would spend hours building our go-carts out of scraps and then rode down the hill, only to find out we forgot the brakes. After running into the bushes a few times, we learned to solve the problem. The gravel rash on our knees reinforced the knowledge gained. We would leave home in the morning and play all day, as long as we were back before dark. No one was able to contact us all day. No cell phones! We did not have Play Stations, Nintendo or X-Boxes. There were no video games at all, no cable TV, DVDs, surround sound, cell phones, personal computers or Internet chat rooms. We had friends! We went outside and found them. We played dodge ball and, sometimes, the ball would really hurt. We fell out of trees, got cut, broke bones and teeth and there were no lawsuits from these accidents. They were accidents. No one was to blame but us. Remember accidents? We had fights and punched each other and got black and blue and learned to get over it and became friends. We made up games with sticks and tennis balls and ate worms (mainly to impress the girls) and, although we were told it would happen, we did not poke out very many eyes, nor did the worms live inside us forever. We rode bikes or walked to a friend's home and knocked on the door or rang the bell or just walked in and talked to them. Junior footy had tryouts and not everyone made the team. Those who didn't had to learn to deal with disappointment. Some students weren't as smart as others so they failed a year and were held back to repeat the same year. Tests were not adjusted for any reason. Our actions were our own. Consequences were expected and there was no one to hide behind. The idea of a parent bailing us out if we broke a law was unheard of. They actually sided with the law!



Those generations have produced some of the best risk-takers, problem solvers and inventors, ever. The past 90 years have been an explosion of innovation and new ideas. We had freedom, failure, success and responsibility, we learned how to deal with it all and WE SURVIVED!



KEEPING UP APPEARANCES ~ with Hyacinth Bucket (that's 'boo-kay', please)

Here is an easy and basic recipe to make a small amount of **LIP BALM**.

3 tsp (15g) beeswax + 1½ tsp (8g) cocoa butter + 2 cups (60ml) any edible oil
Place beeswax in a double boiler on LOW heat. SLOWLY add cocoa butter. Melt together, slowly. SLOWLY mix in oil. Cool slightly, until not really hot, but still liquid. Pour mixture into sterilised containers. DO NOT PUT LIDS ON until cooled.

You could also add a couple of drops of essential oils or honey or aloe but remember that these extras will affect the viscosity and shelf life of the lip balm. To make your balm a thicker consistency, add more beeswax.

If you want to create your own exclusive colour, prise out the last bit of lipstick that's left in the bottom of your lipstick container (only if it's still fresh) and add it to the mixture. You can refill the lipstick container with lip balm if you sterilise it in boiling water (with a sprig of thyme added, for extra benefit) first.

Remember to BE CAREFUL MIXING and STERILISE (boil) the containers before pouring the balm in. There are no added preservatives so keep the balm in your fridge and use it up quickly. ALLERGIC REACTIONS can occur in some people, so try a test spot first.

Micheli, who provided this recipe, has offered to arrange a supply of ingredients (at cost) if there is a demand for them. She also has a few plastic lip balm containers (unused old stock from her shop) to donate. If you are interested in either offer, please contact one of the editors (refer page 4).

UNITED NATIONS SURVEY

A world-wide telephone survey has been conducted by the United Nations. The only question asked was:

"Would you please give us your honest opinion about possible solutions to the food shortage in the rest of the world?"

The survey was a huge failure because:

- In Eastern Europe they didn't know what "honest" meant.
- In Western Europe they didn't know what "shortage" meant.
- In Africa they didn't know what "food" meant.
- In China they didn't know what "opinion" meant.
- In the Middle East they didn't know what "solution" meant.
- In South America they didn't know what "please" meant.
- In the USA they didn't know what "the rest of the world" meant.
- In Australia, New Zealand, Great Britain and Canada, everyone hung up as soon as they heard the Indian accent!



It's remarkable that this video of Michael Parkinson interviewing Muhammad Ali was recorded way back in 1971. Given the sentiments expressed, it could have been yesterday.

<https://www.youtube.com/watch?v=Vt4U8owRKrU>

If you're hoping to take to the sky again soon, you probably won't want to be a passenger in this plane. Watch some amazing flying by Captain Alexandre Orlowski, French Air Force Aerobatic Team Pilot:

https://www.youtube.com/watch?v=_v9iiVYNBPQ

ISN'T ENGLISH A CRAZY LANGUAGE?

There is neither pine nor apple in a pineapple, no egg in an eggplant and no ham in hamburger. English muffins weren't invented in England and French fries didn't originate in France. Sweetmeats are candies while sweetbreads, which aren't sweet, are meat.

We find that quicksand can work slowly, boxing rings are square and a guinea pig is neither from Guinea nor is it a pig.

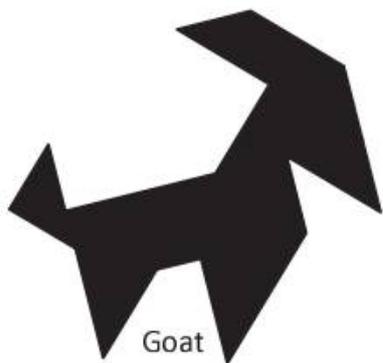
Why is it that writers write but fingers don't fing, grocers don't groce and hammers don't ham? If the plural of tooth is teeth, why isn't the plural of booth, beeth? One goose, 2 geese. So one moose, 2 meese? One index but 2 indices? You can make amends but not one amend. If you have a bunch of odds and ends and get rid of all but one of them, what do you call it?

If teachers taught, why didn't preachers praught? If a vegetarian eats vegetables, what does a humanitarian eat? Why do people recite at a play and play at a recital? We ship by truck and send cargo by ship, have noses that run and feet that smell. How can a slim chance and a fat chance be the same, while a wise man and a wise guy are opposites?

Your house can burn up as it burns down. You fill in a form by filling it out. An alarm goes off by going on. When the stars are out, they are visible but, when the lights are out, they are invisible.

The Tangram Challenge

This week, try to recreate these shapes:



Goat



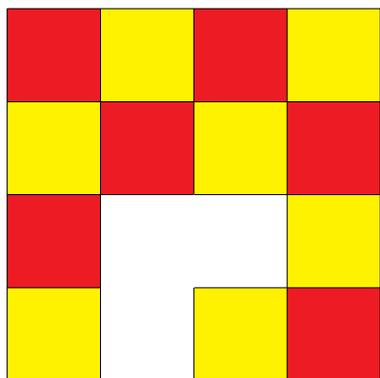
Bat



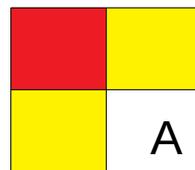
Raven

You must use all 7 tans, they must touch and they may not overlap. Note that the parallelogram  may have to be flipped over  to create some of the shapes in the various challenges.

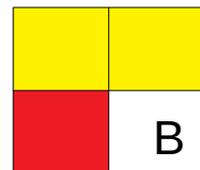
If you need the template to make the 7 tans (pieces), please contact Cheryl via email (contact details on last page). Solutions in the next issue of KIT.



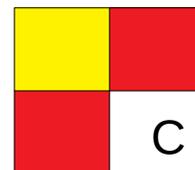
Which of the pieces on the right correctly completes the array in **THE GRID** on the left?



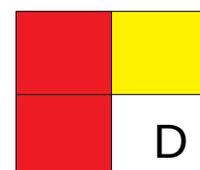
A



B



C



D

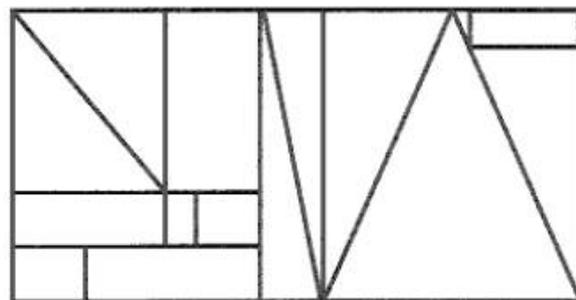
PUZZLES

(solutions on last page)

ESCAPE

A man is trapped in a room with only two possible exits. Through the first door is a room with an enormous magnifying glass causing the blazing hot sun to instantly burn anything that enters. Through the second door there is a fire-breathing dragon. How does the man escape?

Count the number of **RECTANGLES** in this diagram.



4 USES FOR AUTUMN LEAVES

Composting – Make a rich organic fertiliser for your garden. Rake them up, shred with a leaf shredder or lawn mower, add grass clippings, fruit /vegetable scraps or coffee grounds, pile together and cover with a tarp. Wait about 2 months for the magic to happen.

It should smell earthy and look brown in colour, just in time for Spring.

Mulching - Shred the leaves and mix together with wood chips and grass clippings. Add to the top of your soil for protection. When you see it breaking down make some more and replace.

Art and Craft – there are lots of fun art and craft projects you could use some of your autumn leaves for: leaf printing / press and make colourful pictures and fun collages with your grandchildren / make your own potpourri.

Responsible Disposal – If you are unable to use your autumn leaves, check with your council re green waste collection.

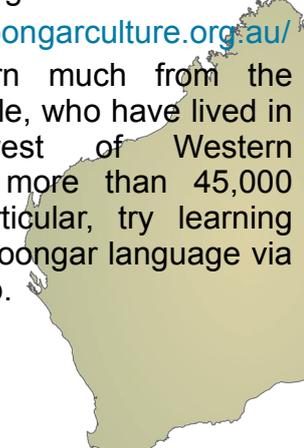
Important – **don't put leaves in your general waste bin.** When green waste is buried in landfill, it creates methane (a very potent greenhouse gas).

NOONGAR COMMUNITY, CULTURE AND HISTORY

The South West Aboriginal Land & Sea Council encourages us to widen our knowledge (kaartdijin) of all things Noongar via this website:

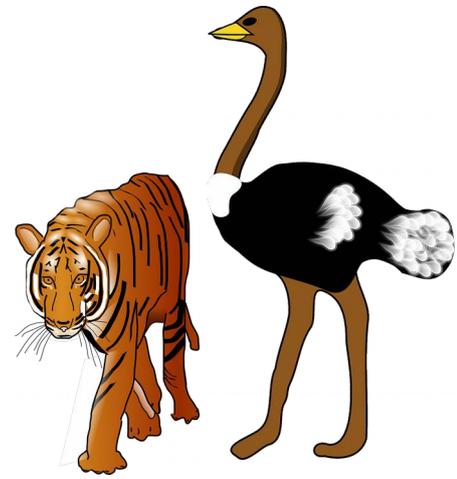
<https://www.noongarculture.org.au/>

We can learn much from the Noongar people, who have lived in the south-west of Western Australia for more than 45,000 years. In particular, try learning some of the Noongar language via the Culture tab.



QUIZ – TRUE OR FALSE?

1. Eight ostriches and six tigers have 40 legs.
2. The number 4 is 20 less than when multiplied by 6 times itself.
3. The middle two letters of the words CRAYON, AFFRAY and SPIDER can be arranged to spell FRIDAY.
4. If I walk 3 km north, then 2 km to my right, then 2 km south, I will then have to walk 2 km east to return to my starting point.
5. If I wrote down all the numbers from 1 to 20, I would write down the number one 12 times.
6. I have \$100 and give away 40 percent, then another \$25, after which I am left with just \$45.
7. A square measuring 2 cm on each side will fit into a circle having a radius of 2 cm.
8. Tony is shorter than Alice and Ian is taller than Tony, therefore Tony is the shortest of the three.
9. The next logical number in the sequence 1, 3, 7, 15 is 31.
10. If three people all said 'hello' to each other once, the word *hello* would be spoken six times.



CORNY CORNER

What do you call a cow with two legs?
Lean beef.

If you see a robbery at an Apple store, does that make you ... an iWitness?

Somebody actually complimented my driving today. They left a little note on the windscreen that said parking fine.

Why did the blonde get fired from the M&M factory?

She kept throwing out all the W's.

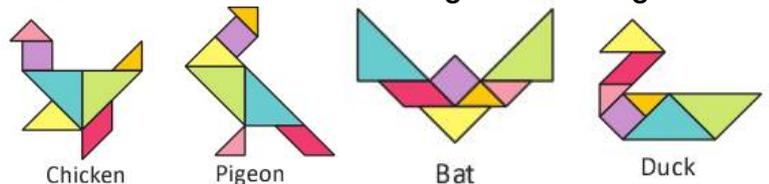
What did 0 say to 8?

Nice belt.



Coughy Filter

Solutions to last week's Tangram Challenge



Chicken

Pigeon

Bat

Duck

We welcome U3A Wanneroo members' contributions to KIT

Please email your submission/s to one of the editors:

Cheryl: [email address redacted] or Constance: [email address redacted]

PUZZLE SOLUTIONS THE GRID = C (It completes the pattern of alternate red and yellow squares)
ESCAPE: He waits until night time, when the sun isn't shining, then leaves through the first door.
RECTANGLES: 23
QUIZ ANSWERS 1. True 2. True 3. True 4. False 5. True 6. False 7. True 8. True 9. True 10. True